TREATING MYELODYSPLASTIC SYNDROMES TRANSFORMATION TO ACUTE MYELOID LEUKEMIA

LIVE WEBINAR PREVIOUSLY RECORDED ON SEPTEMBER 19, 2024



Provided by The Leukemia & Lymphoma Society and Medical Learning Institute, Inc.

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WELCOME AND INTRODUCTIONS

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TARGET AUDIENCE

This activity is intended for hematologist/oncologists, oncology nurses, and other healthcare professionals involved in the care of patients with hematologic malignancies.

EDUCATIONAL OBJECTIVES

After completing this activity, the participant should be better able to:

- Provide an overview of Myelodysplastic Syndromes (MDS) and Acute Myeloid Leukemia (AML)
- Explain the progression from MDS to AML, including the factors that influence the transformation and the clinical implications
- Discuss the diagnostic criteria for distinguishing MDS from AML
- Describe the treatment options and management strategies for both MDS and AML, including emerging therapies
- · Review resources and education to support patients, caregivers, and healthcare professionals



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CE DESIGNATION



Accreditation, Credit and Support

In support of improving patient care, this activity has been planned and implemented by Medical Learning Institute, Inc. and The Leukemia & Lymphoma Society. Medical Learning Institute, Inc. is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

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Medical Learning Institute, Inc. (MLI) designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credits M. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Registered Nursing Credit Designation

Approval for nurses has been obtained by the National Office of The Leukemia & Lymphoma Society under Provider Number CEP 5832 to award 1.0 continuing education contact hour through the California Board of Registered Nursing.

Support Statement

There is no commercial support associated with this CE activity.

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DISCLOSURE

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SPEAKERS

Aref Al-Kali, MD

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Outpatient Hematology Nurse Practitioner Mayo Clinic Phoenix, AZ



DISCLOSURES

Aref Al-Kali, MD, has a financial interest/relationship or affiliation in the form of:

Consultant/Advisor (support to institution): Novartis

Research Funding (support to institution): ALX Oncology, Aprea, Astex, H3B/Hemavant, Novartis

Jennifer Andres, MSN, RN, FNP-C, has no relevant financial relationships with ineligible companies to disclose for this educational activity.

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Learners must participate in the entire CE activity, complete, and submit the evaluation form to earn credit. Once submitted, the certificate will be generated. If you have questions regarding the receipt of your certificate, please contact ndane@mlieducation.org.



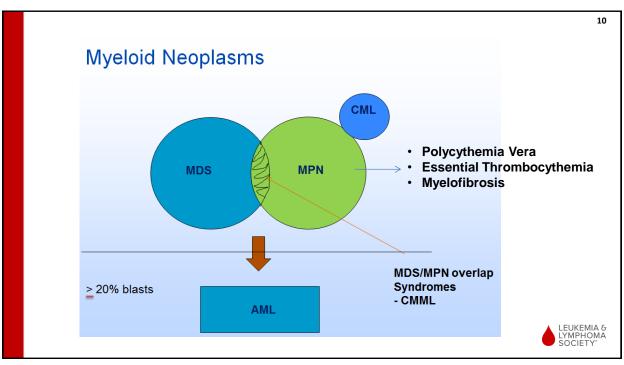
Polling Question 1

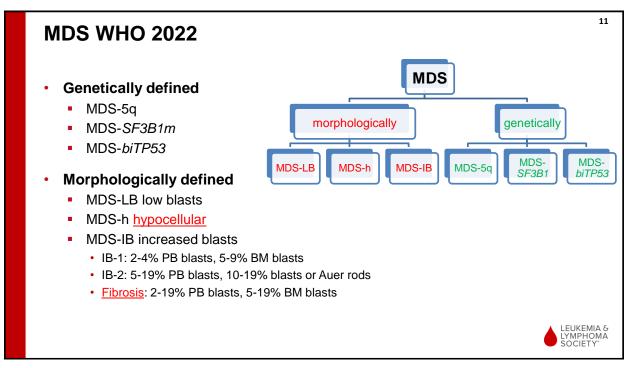
Per WHO, what is a main distinguishing feature between MDS and AML?

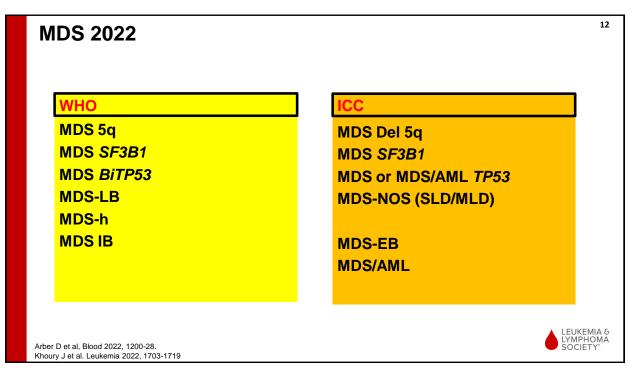
- 1. In MDS the blasts are 19% or less, whereas in AML the blasts are 20% or higher.
- 2. In MDS the blasts are 15% or less, whereas in AML the blasts are 16% or higher.
- 3. In MDS the blasts are 10% or less, whereas in AML the blasts are 11% or higher.
- 4. In MDS the blasts are 5% or less, whereas in AML the blasts are 6% or higher.

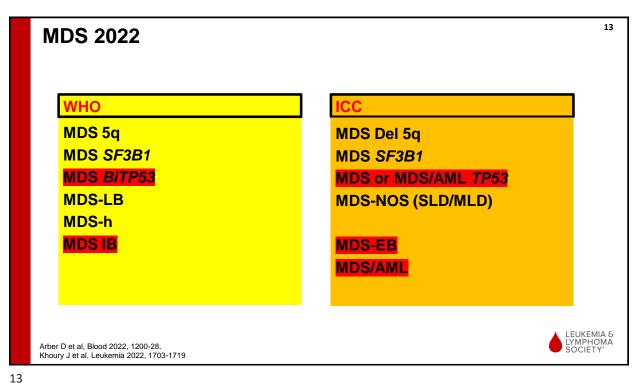


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14 Diagnosis and Management of AML in Adults Mutated ASXL1. del(5a)/t(5a)/add(5a), AML-defining del(3q)/t(3q)/add(3q), -7/del(7q), +8, del(12p)/ t(12p)/add(12p), i(17q), -17/add(17p)/del(17p), del(20q), or idic(X)(q13) BCOR, EZH2, RUNX1, SF3B1, SRSF2, STAG2, No AML not otherwise No Mutated TP53 recurrent genetic abnormalities^b VAF ≥10% specified 10–19% ≥20% blasts blasts 10–19% ≥20% blasts blasts 10–19% ≥20% blasts blasts 10–19% ≥20% blasts blasts MDS/AML with myelodysplasia-related cytogenetic abnormality MDS/AML not MDS/AML with myelodysplasia-related gene mutation mutated TP53 AML with AML with myelodysplasia-related cytogenetic abnormality AML with mutated TP53 AML not recurrent genetic abnormality^b myelodysplasia-related gene mutation rwise specified Diagnostic qualifiers appended to any of the above diagnoses^c Prior MDS or MDS/MPN Germline Therapy-related predisposition^o LEUKEMIA & LYMPHOMA SOCIETY° Döhner H et al, Diagnosis and management of AML in adults: 2022 recommendations from an international expert panel on behalf of the ELN, Blood, 2022, Figure 1. American Society of Hematology Copyright © 2024 American Society of Hematology

15 Diagnosis and Management of AML in Adults AML and related neoplams AML with recurrent genetic abnormalities (requiring ≥10% blasts in BM or PB)* Myeloid sarcoma APL with t(15:17)(a24.1:a21.2)/PML::RARA† Acute leukemia of ambiguous lineage Other rare recurring translocations: AML with t(8;21)(q22;q22.1)/RUNX1::RUNX1T1 · Acute undifferentiated leukemia - AML with t(1;3)(p36.3;q21.3)/PRDM16::RPN1; AML with inv(16)(p13.1q22) or t(16;16)(p13.1;q22)/CBFB::MYH11 MPAL with t(9;22)(q34.1;q11.2)/BCR::ABL1 AML with t(9;11)(p21.3;q23.3)/MLLT3::KMT2A‡ MPAL with t(v;11q23.3)/KMT2A-rearranged - AML (megakaryoblastic) with t(1;22)(p13.3;q13.1)/RBM15::MRTFA; AML with t(6;9)(p22.3;q34.1)/DEK::NUP214 · MPAL, B/myeloid, not otherwise specified AML with t(3;5)(q25.3;q35.1)/NPM1::MLF1; AML with inv(3)(q21.3q26.2) or t(3;3)(q21.3;q26.2)/GATA2, MECOM(EVI1)§ · MPAL, T/myeloid, not otherwise specified · AML with other rare recurring translocations AML with t(5;11)(q35.2;p15.4)/NUP98::NSD1; · AML with mutated NPM1 AML with t(7;12)(q36.3;p13.2)/ETV6::MNX1; AML with in-frame bZIP mutated CEBPA AML with t(8;16)(p11.2;p13.3)/KAT6A::CREBBP; AML with t(9:22)(a34.1:a11.2)/BCR::ABL1* AML with t(10;11)(p12.3;q14.2)/PICALM::MLLT10; AML with t(11;12)(p15.4;p13.3)/NUP98::KMD5A; Categories designated AML (if ≥20% blasts in BM or PB) or MDS/AML (if 10-19% Myeloid proliferations related to Down syndrome AML with NUP98 and other partners; blasts in BM or PB) · Transient abnormal myelopoiesis associated with AML with t(16;21)(p11.2;q22.2)/FUS::ERG; · AML with mutated TP53# Down syndrome AML with t(16;21)(q24.3;q22.1)/RUNX1::CBFA2T3; · AML with myelodysplasia-related gene mutations AML with inv(16)(p13.3q24.3)/CBFA2T3::GLIS2. Defined by mutations in ASXL1, BCOR, EZH2, RUNX1, SF3B1, SRSF2, STAG2, U2AF1, Blastic plasmacytoid dendritic cell neoplasm AML with myelodysplasia-related cytogenetic abnormalities** · AML not otherwise specified I FUKEMIA & Döhner H et al, Diagnosis and management of AML in adults: 2022 recommendations LYMPHOMA SOCIETY from an international expert panel on behalf of the ELN, Blood, 2022, Figure 1. American Society of Hematology

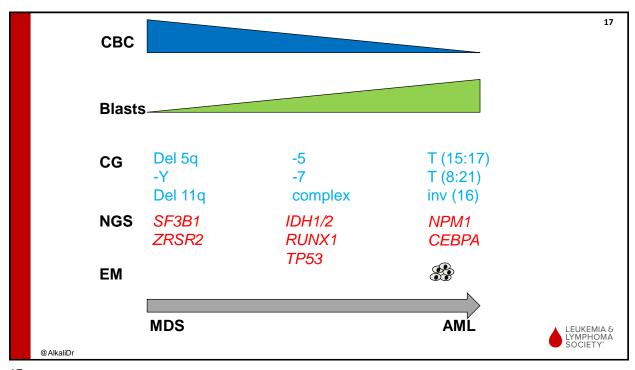
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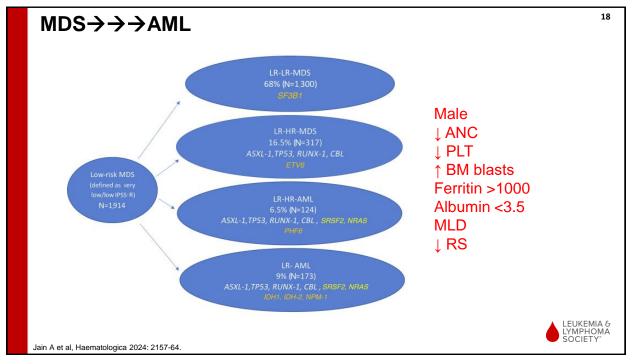
Polling Question 2

Per WHO, to diagnose an AML, which of the following does **NOT** qualify?

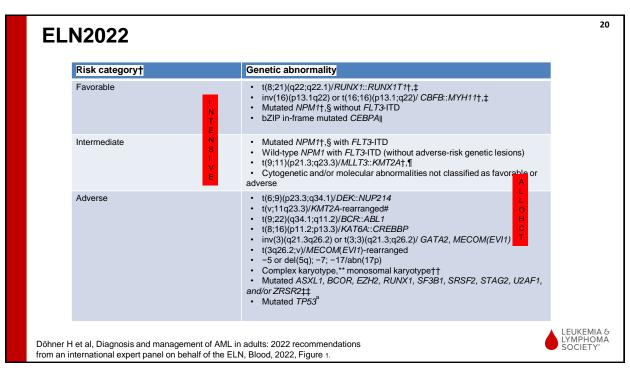
- 1. T(8;21)
- 2. NPM1 mutation
- 3. Inv (16)
- 4. STAG2 mutation

LEUKEMIA & LYMPHOMA SOCIETY°

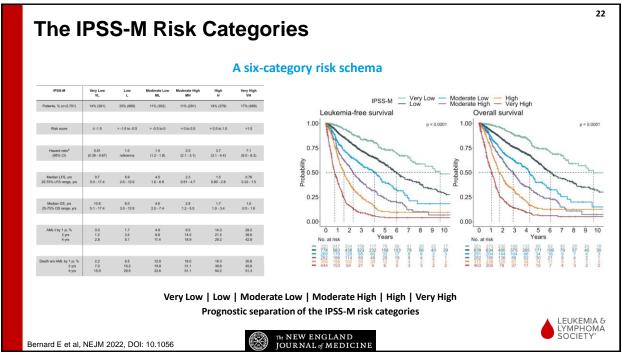


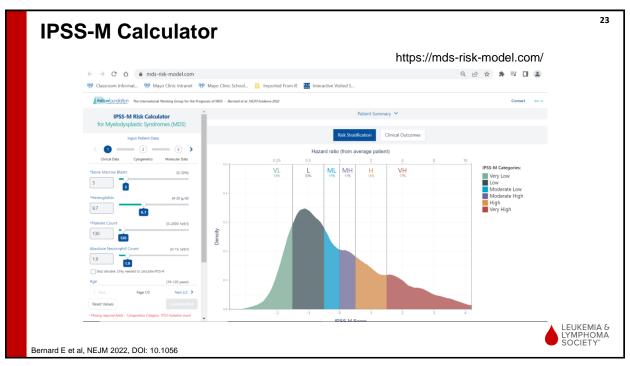


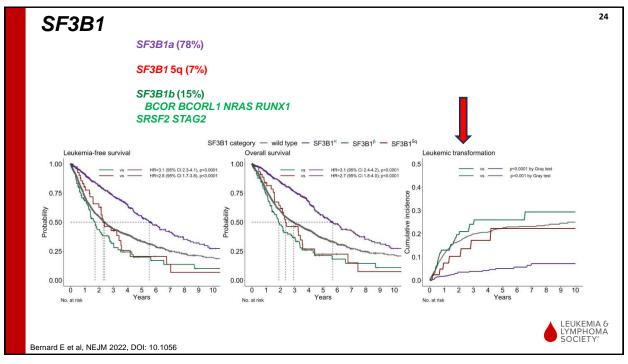
ELN	N2022		19			
	Risk category†	Genetic abnormality				
	Favorable	 t(8;21)(q22;q22.1)/RUNX1::RUNX1T1†,‡ inv(16)(p13.1q22) or t(16;16)(p13.1;q22)/ CBFB::MYH11†,‡ Mutated NPM1†,§ without FLT3-ITD bZIP in-frame mutated CEBPA 				
Intermediate		 Mutated NPM1†,§ with FLT3-ITD Wild-type NPM1 with FLT3-ITD (without adverse-risk genetic lesions) t(9;11)(p21.3;q23.3)/MLLT3::KMT2A†,¶ Cytogenetic and/or molecular abnormalities not classified as favorable or adverse 				
	Adverse	 t(6;9)(p23.3;q34.1)/DEK::NUP214 t(v;11q23.3)/KMT2A-rearranged# t(9;22)(q34.1;q11.2)/BCR::ABL1 t(8;16)(p11.2;p13.3)/KAT6A::CREBBP inv(3)(q21.3;q26.2) or t(3;3)(q21.3;q26.2)/ GATA2, MECOM(EVI1) t(3q26.2;v)/MECOM(EVI1)-rearranged -5 or del(5q); -7; -17/abn(17p) Complex karyotype,** monosomal karyotype†† Mutated ASXL1, BCOR, EZH2, RUNX1, SF3B1, SRSF2, STAG2, U2AF1, and/or ZRSR2‡‡ Mutated TP53^a 				
Döhner H et al, Diagnosis and management of AML in adults: 2022 recommendations from an international expert panel on behalf of the ELN, Blood, 2022, Figure 1.						



Gene	Correlation	Rx
SF3B1	Ring sideroblast	Luspatercept, imetelstat
IDH1	Cbc ~	Ivosidenib/Olutasidenib, HMA+VEN
IDH2	Cbc ~	Enasidenib, HMA+VEN
FLT3	AML transformation	Gilteritinib
NPM1	AML-defining	CTX vs HMA+VEN, Menin-i
RUNX1	AML transformation	HMA+VEN
DDX41	Germline ?, cbc ~	HMA+VEN, LEN
STAT3	LGL	ISA
PIGA1	PNH	Complement inhibitor
UBA1	VEXAS	HMA,, JAKi
TP53	T-MN	? PO DAC







Goals of Treatment

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- For lower-risk MDS
 - Reduce transfusions
 - Restore effective blood cell production
 - Maximize quality of life
- For higher-risk MDS (similar to goals of patients with AML)
 - Attain a partial or complete remission
 - Prolong survival
 - Maximize quality of life

Patients should also be evaluated and treated for symptomatic anemia and receive supportive care.



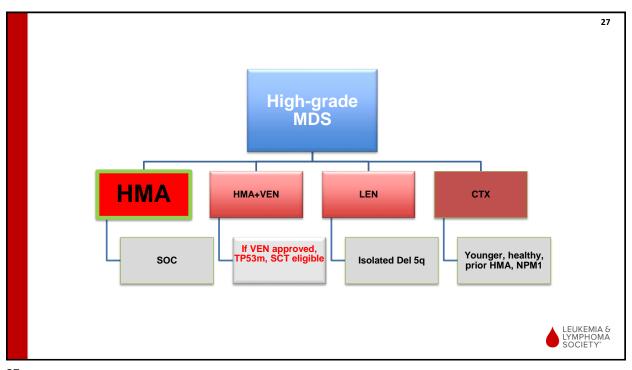
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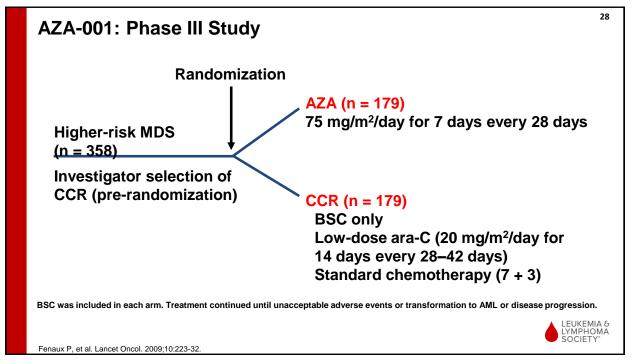
Polling Question 3

What are treatment options for high-risk MDS?

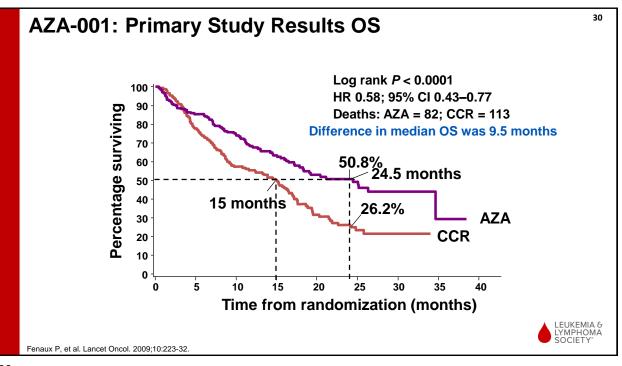
- 1. Observation and transfusion support only
- 2. Hypomethylating agents (HMAs), such as decitabine and azacitidine
- 3. Hypomethylating agents and allogeneic stem cell transplant
- 4. Hypomethylating agents, HMA + venetoclax, lenalidomide, or allogeneic stem cell transplant







	Total ITT (n=35	58)		BSC only (n=2)	22)		Low-dose cy	tarabine (n=94)	Intensive ch	emotherapy (n=	42)
	Azacitidine (n=179)	CCR (n=179)	p value*	Azacitidine (n=117)	BSC (n=105)	p value*	Azacitidine (n=45)	Low-dose cytarabine (n=49)	p value*	Azacitidine (n=17)	Intensive chemotherapy (n=25)	p value
Haematological resp	onse											
Any remission	51 (29%)	21 (12%)	0.0001	32 (27%)	5 (5%)	<0.0001	14 (31%)	6 (12%)	0-042	5 (29%)	10 (40%)	0.53
Complete remission	30 (17%)	14 (8%)	0.015	14 (12%)	1 (1%)	0.0008	11 (24%)	4 (8%)	0.047	5 (29%)	9 (36%)	0.75
Partial remission	21 (12%)	7 (4%)	0.0094	18 (15%)	4 (4%)	0.0058	3 (7%)	2 (4%)	0-67	0	1 (4%)	1.00
Stable disease	75 (42%)	65 (36%)	0.33	52 (44%)	41 (39%)	0.50	15 (33%)	18 (37%)	0.83	8 (47%)	6 (24%)	0.18
Haematological imp	rovement†											
Any improvement	87/177 (49%)	51/178(29%)	<0.0001	57/115 (50%)	32/105(31%)	0.0058	24/45 (53%)	12/48 (25%)	0.0061	6/17 (35%)	7/25 (28%)	0.74
Major erythroid improvement	62/157 (40%)	17/160 (11%)	<0.0001	39/100(39%)	8/96 (8%)	<0.0001	19/43 (44%)	4/41 (10%)	0-0005	4/14 (29%)	5/23 (22%)	0.70
Major platelet improvement	46/141 (33%)	18/129(14%)	0.0003	27/89 (30%)	8/78 (10%)	0.0020	14/37 (38%)	6/31 (19%)	0-12	5/15 (33%)	4/20 (20%)	0.45
Major neutrophil improvement	25/131 (19%)	20/111 (18%)	0.87	13/85 (15%)	13/66 (20%)	0.52	9/33 (27%)	3/28 (11%)	0-12	3/13 (23%)	4/17 (24%)	1.00



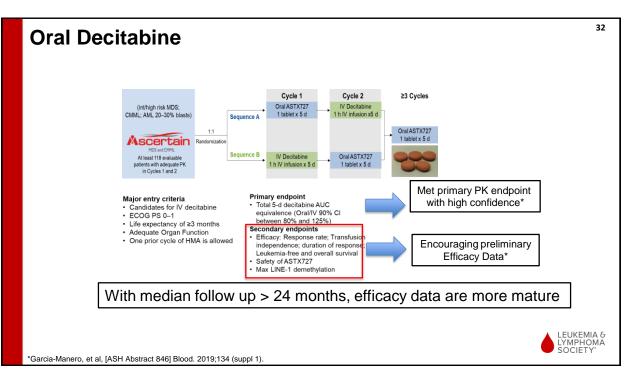
Hypomethylating Agents

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- They change the signaling in the bone marrow and help to:
 - Improve survival
 - Improve blood counts
 - Slow down progression to leukemia
- Decitabine: must be given IV
- Azacitidine: IV or subcutaneous
- No head-to-head comparison
- Given 5-7 days once a month



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Results: Efficacy Response

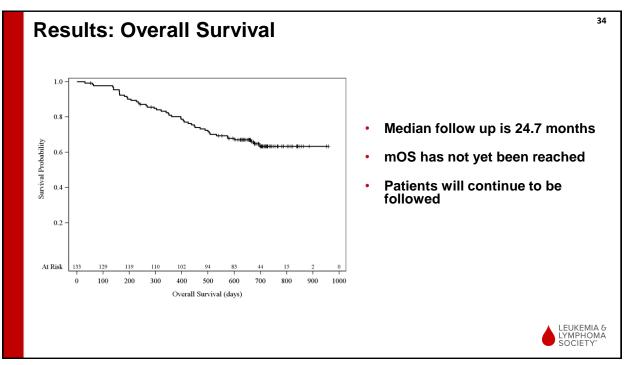
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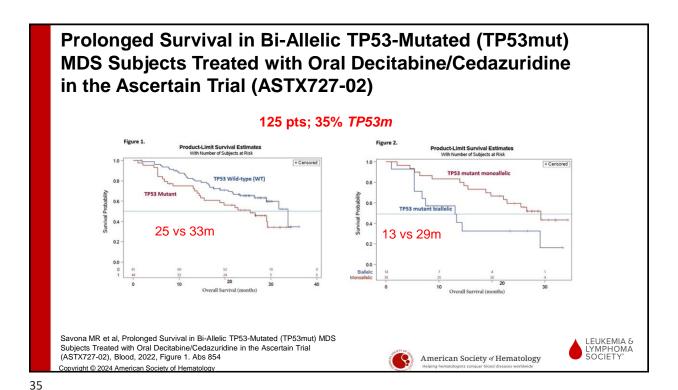
Response category	Treated Patients (N=133), n (%)	95% CI
Complete response (CR)	29 (22)	(15.1,29.8)
Partial response (PR)	0	
Marrow CR (mCR)	43 (32.3%)	(24.5,41.0)
mCR with hematologic improvement	22 (16.5%)	(10.7,24.0)
Hematologic improvement (HI)	10 (7.5%)	(3.7,13.4)
HI-erythroid	2 (1.5%)	(0.2,5.3)
HI-neutrophils	1 (0.8%)	(0.0,4.1)
HI-platelet	7 (5.3%)	(2.1,10.5)
Overall response (CR + PR + mCR + HI)	82 (61.7)	(52.8,69.9)
Progressive Disease	6 (4.5%)	(1.7,9.6)
No Response	28 (21.1%)	(14.5, 29.0)
Non-evaluable	17 (12.8%)	(7.6, 19.7)

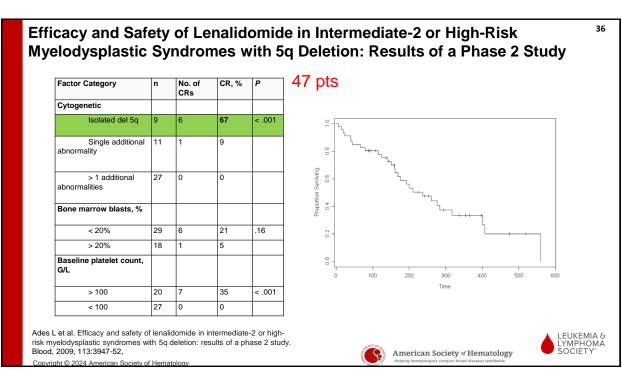
- Median CR duration was 14.0 months
- Median duration of best response was 12.7 months
- 34 (26%) of subjects proceeded to HCT

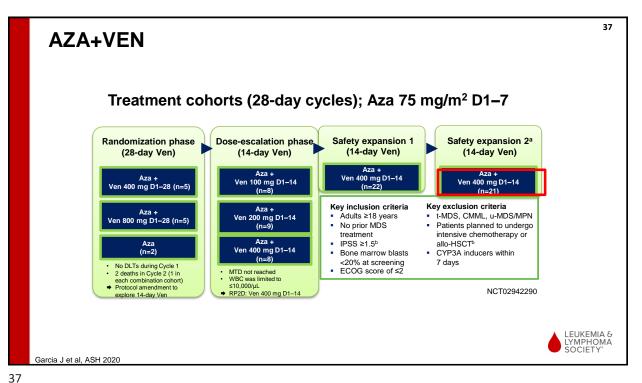


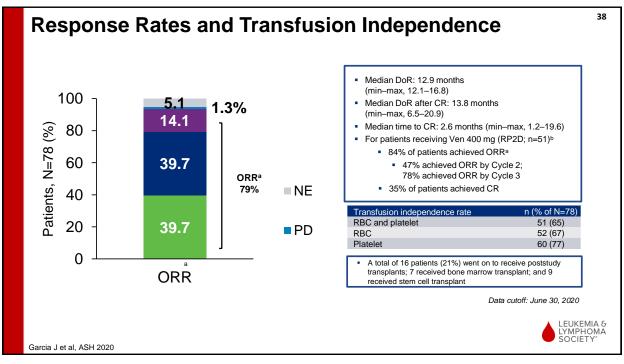
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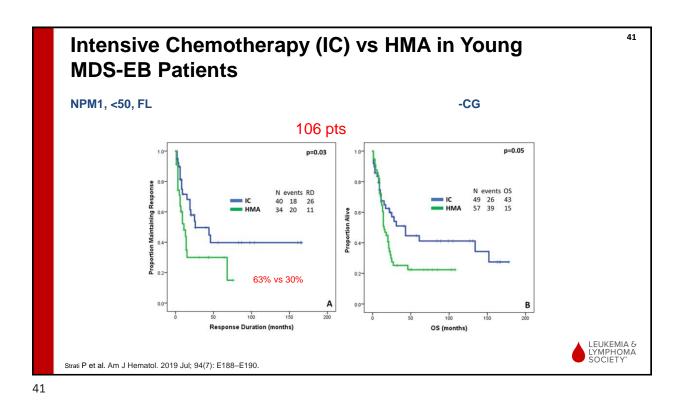


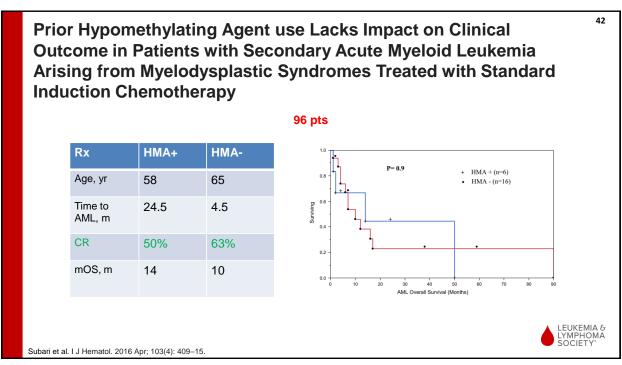


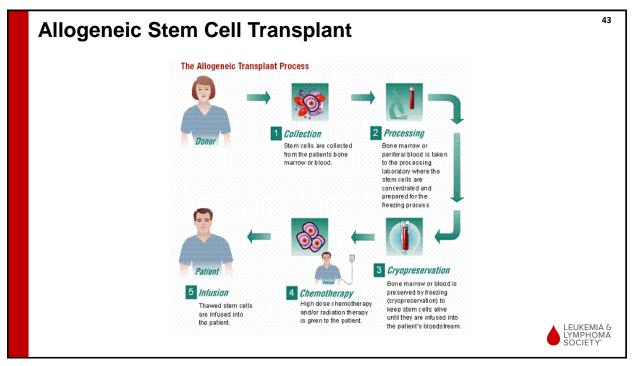
Any AEs, n (%)	78 (100)	
Neutropenia ^a	65 (83)	
Febrile neutropenia	38 (49)	Any SAEs, n (%) 57 (73)
Nausea	43 (55)	Neutropenia ^a 38 (49)
Constipation	42 (54)	Febrile neutropenia 35 (45)
Diarrhea	38 (49)	Pneumonia 5 (6)
Thrombocytopenia ^b	38 (49)	
Vomiting	32 (41)	(1)
Leukopenia ^c	30 (38)	Overall, 74 patients (95%) required a cycle delay;
Anemiad	23 (29)	median time to delay 15.0 days (range 3–99) • 43 patients (55%) had ≥2 Ven dose interruptions
Fatigue	20 (26)	AEs 59 (80%); hematologic toxicity 27 (37%);
Hypokalemia	16 (21)	logistics/scheduling 19 (26%), other 41 (55%)
Grade 3/4 AEs, n (%)	75 (96)	 A total of 35% of patients required ≥1 Ven dose reduction^e
Neutropeniaa	64 (82)	AEs 6 (21%); starting CYP3A inhibitor 20
Febrile neutropenia	38 (49)	(71%);
Thrombocytopenia ^b	33 (42)	other 7 (25%) • A total of 33% of patients required ≥1 Aza dose
Leukopeniac	30 (38)	reductione
Anemia ^d	18 (23)	30-day mortality after first dose was 1%

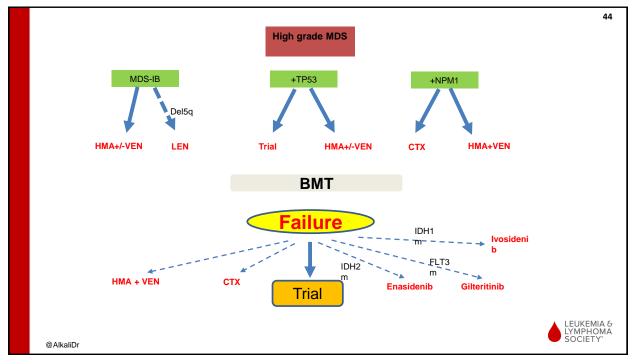
MDS with Intensive CTX AMLCG99 40 de novo AML: N = 2090 (Censored 692) sec.AML: N = 636 (Censored 122) MDS: N = 104 (Censored 29) 100 HR-MDS AML sAML Percent Survival 75 104 2051 636 50 CR% 48% 67% 47% mOS, d 320 484 282 25 5 10 11 12 Years from Start of Therapy (de novo AML: 16 Mon., 16.3 %. sec. AML: 9 Mon., 8.7 %. MDS: 11 Mon., 16.2 %.) LEUKEMIA & LYMPHOMA SOCIETY° ASH 2011, Abstract 2773, Krug U

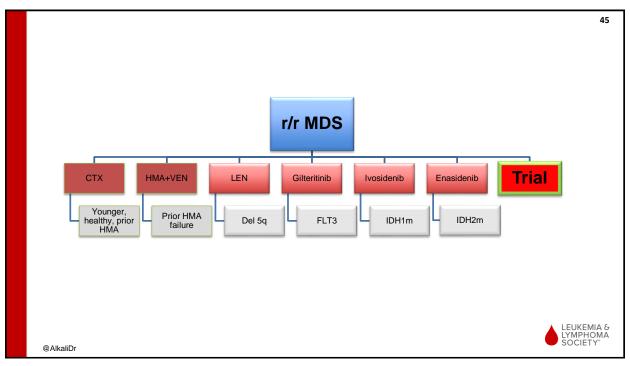
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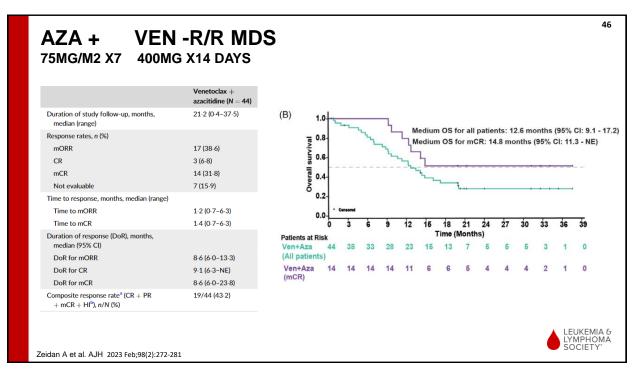


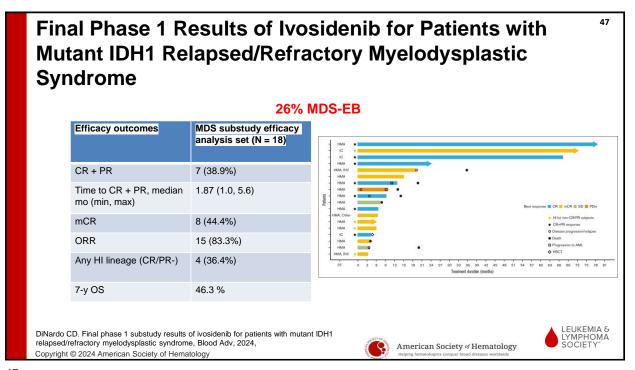


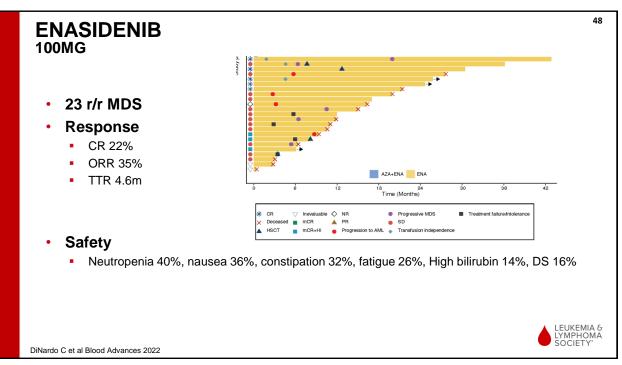


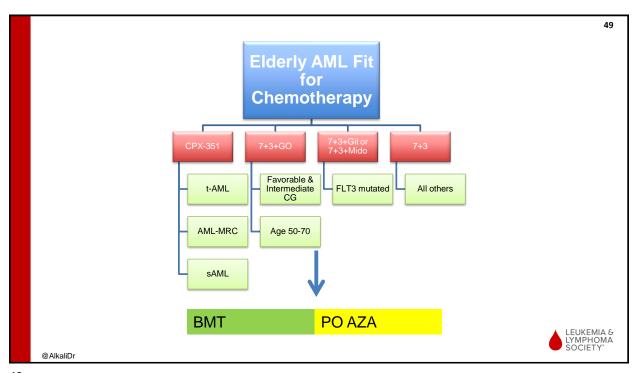


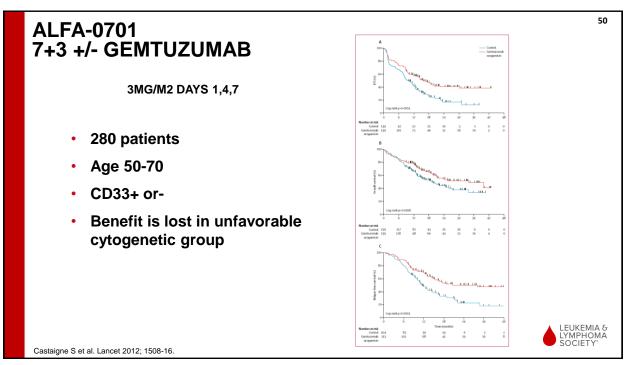


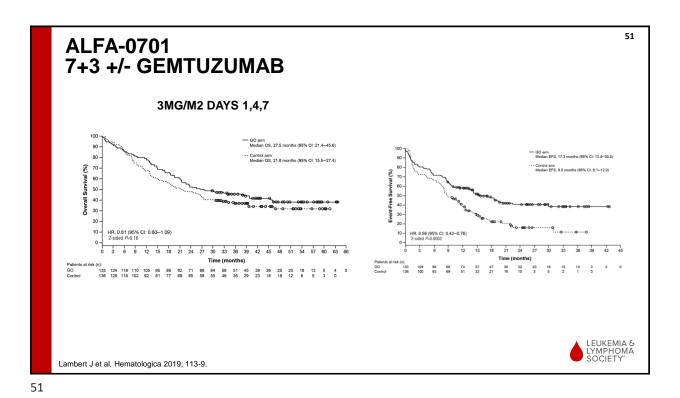












Liposomal Daunorubicin/Cytarabine VS
100 U/M2 DAYS 1, 3, 5
100MG/M2 DAYS 60MG/M2

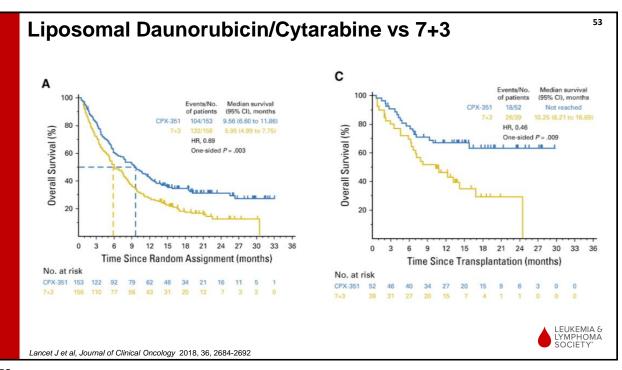
A Phase III olderly AMI ago 60.75

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- Phase III, elderly AML, age 60-75
 - Prior CTX, prior MDS/CMML, AML-MRC CG
- 309 pts, randomized 1:1, follow up 13.7 months
- os
 - 9.56 vs 5.95 m (p =0.005), HR=0.69
- 60 Days mortality
 - 13.7% vs 21.2%
- EFS
 - HR= 0.74 (p= 0.02)
- CR/CRi
 - 47.7% vs 33.3% (p=0.016)

Lancet J et al. ASCO 2016, abs 7000



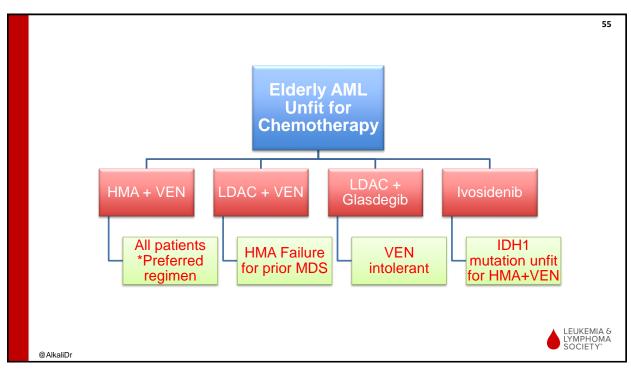


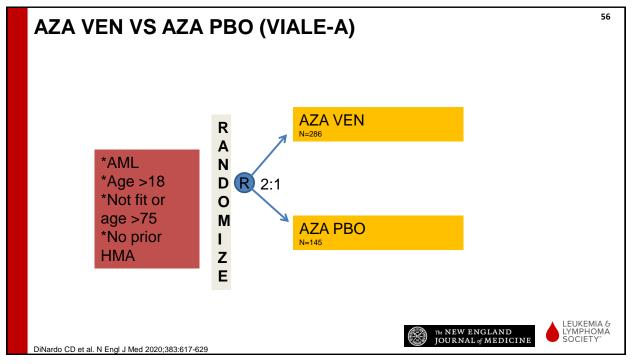
Polling Question 4

For AML secondary to MDS, which is the following is NOT an effective therapy:

- 1. Intensive chemotherapy "7+3"
- 2. Intensive liposomal cytarabine plus daunorubicin hypomethylating agent plus venetoclax
- 3. Hypomethylating agent plus venetoclax
- 4. JAK inhibitor (ruxolitinib)







AZA VEN VS AZA PBO (VIALE-A)

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	Aza Ven	Aza PBO	P value
cCR	66.4%	28.3%	<.001
cCR- end of C1	43.4%	7.6%	<.001
CR	36.7%	17.9%	<.001
Median time to response	1.3 m (0.6-9.9)	2.8 (0.8-13.2)	
Median response duration	17.5 m	13.4 m	
mOS	14.7 m	9.6 m	< .001
mEFS	9.8 m	7 m	<.001

DiNardo CD et al. N Engl J Med 2020;383:617-629





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AZA VEN VS AZA PBO (VIALE-A)

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	Aza Ven	Aza PBO	P value
IDH cCR	75.4%	10.7%	<.001
FLT3 cCR	72.4%	36.4%	.02
NPM1 cCR	66.7%	23.5%	.01
P53 cCR	55.3%	0	<.001
MRD-	23.4%	7.6%	

DiNardo CD et al. N Engl J Med 2020;383:617-629





AZA VEN vs AZA PBO (VIALE-A)

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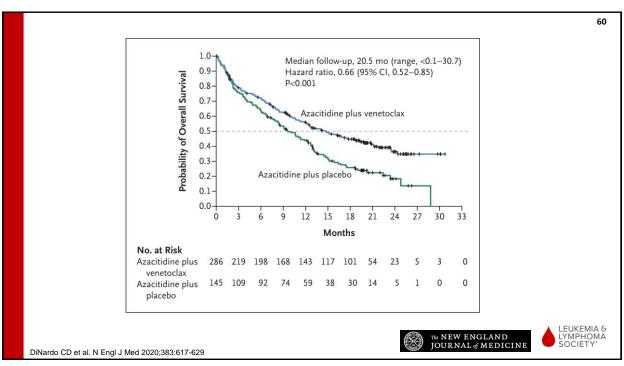
	Aza Ven	Aza PBO
dn-AML OS	14.1 m	9.6 m
s-AML OS	16.4 m	10.6 m
Int-risk AML OS	20.8 m	12.4 m
Poor risk AML OS	7.6 m	6 m
30-D mortality	7%	6%

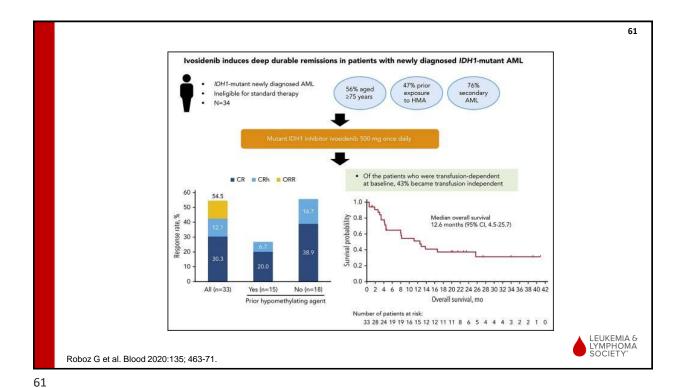
DiNardo CD et al. N Engl J Med 2020;383:617-629





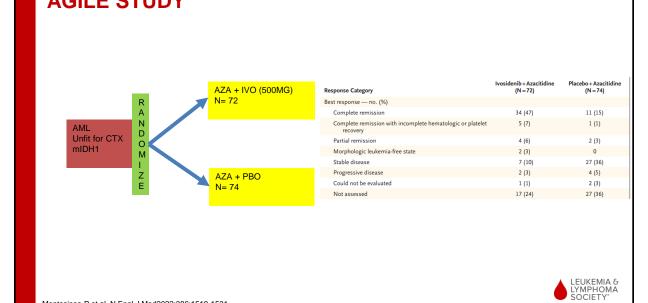
59

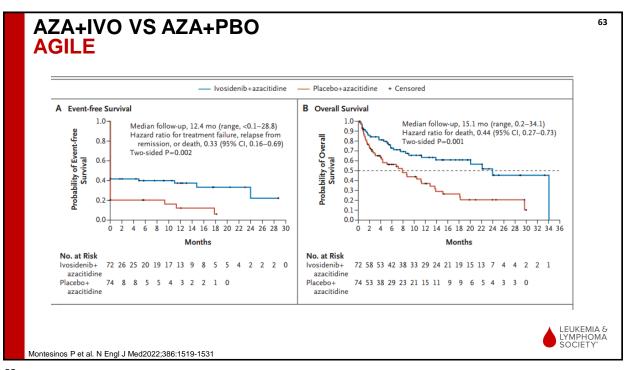




AZA+IVO VS AZA+PBO
AGILE STUDY

Montesinos P et al. N Engl J Med2022;386:1519-1531







FREE LLS RESOURCES FOR HEALTHCARE PROFESSIONALS

- □ CME & CE courses: www.LLS.org/CE
- ☐ Fact Sheets for HCPs: www.LLS.org/HCPbooklets
- Videos for HCPs: www.LLS.org/HCPvideos
- Podcast series for HCPs: <u>www.LLS.org/HCPpodcast</u>











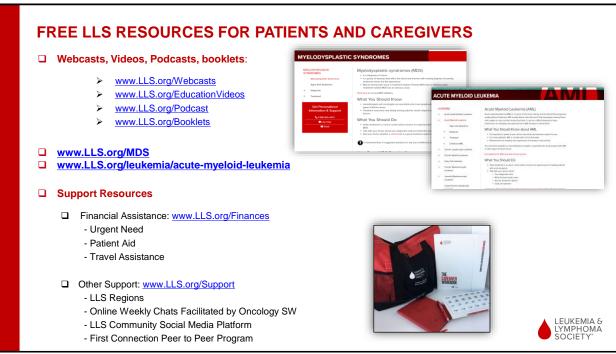
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FREE LLS RESOURCES FOR PATIENTS

- Information Specialists Personalized assistance for managing treatment decisions, side effects, and dealing with financial and psychosocial challenges (IRC).
 - ➤ www.LLS.org/IRC
- □ Clinical Trial Nurse Navigators RNs and NPs provide a personalized service for patients seeking treatment in a clinical trial, sift through the information and provide information to bring back to their HC team (CTSC).
 - www.LLS.org/CTSC
- Nutrition Education Services Center one-on-one consultation with a registered dietician for patients/caregivers of all cancer types (NESC).
 - www.LLS.org/Nutrition
- ☐ Reach out Monday—Friday, 9 am to 9 pm ET
 - o Phone: (800) 955-4572
 - o Live chat: www.LLS.org/IRC
 - o Email: www.LLS.org/ContactUs
 - o HCP Patient Referral Form: www.LLS.org/HCPreferral









Questions?

THANK YOU FOR JOINING US!

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