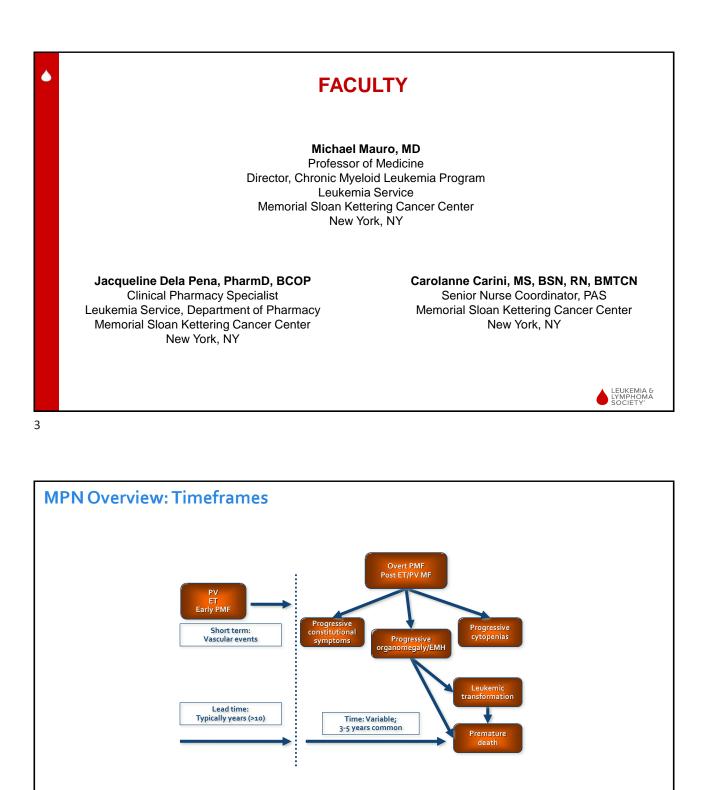


LEARNING OBJECTIVES

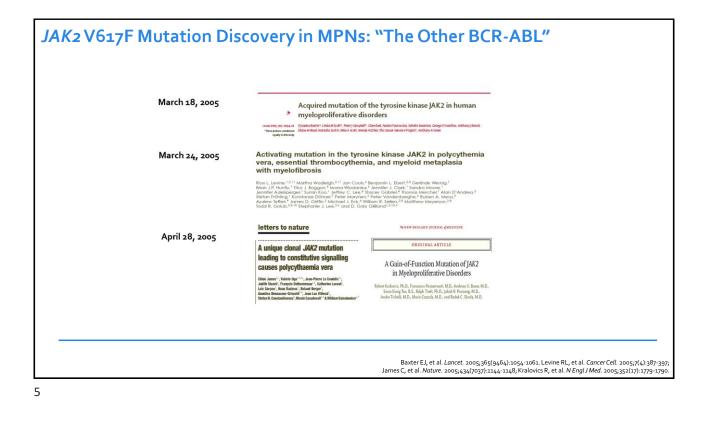
- Describe the types of myeloproliferative neoplasms (MPNs), including myelofibrosis, polycythemia vera, and essential thrombocythemia
- · Identify tests used to diagnose disease and monitor treatment of MPNs
- · Explain the overarching goals of treatment for the various types of MPNs
- Explain approved and emerging treatment options for all MPNs, including stem cell transplantation, and the role of clinical trials
- Describe strategies to manage treatment side effects as well as potential long-term and late effects of treatments for MPNs
- Describe the healthcare professional's role in managing patients with MPNs

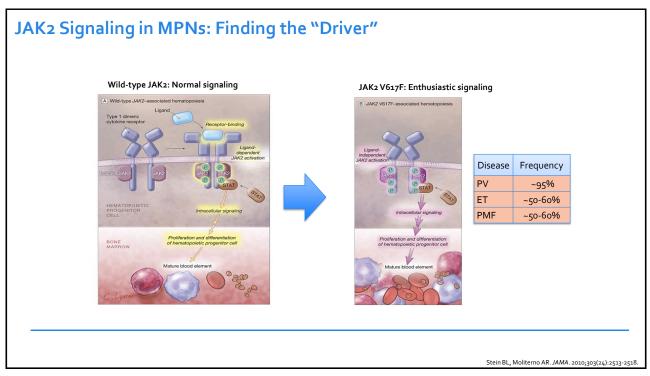


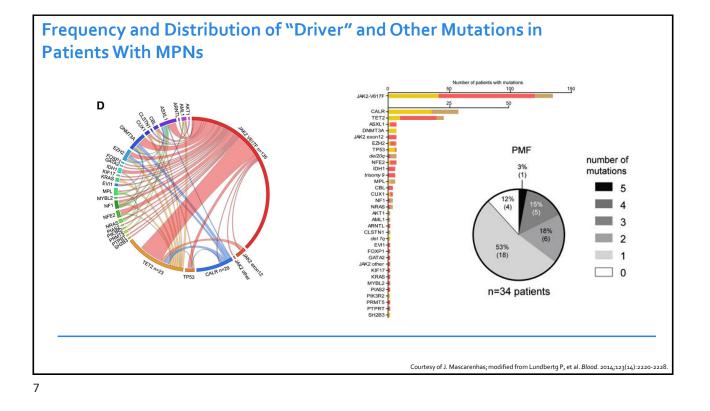


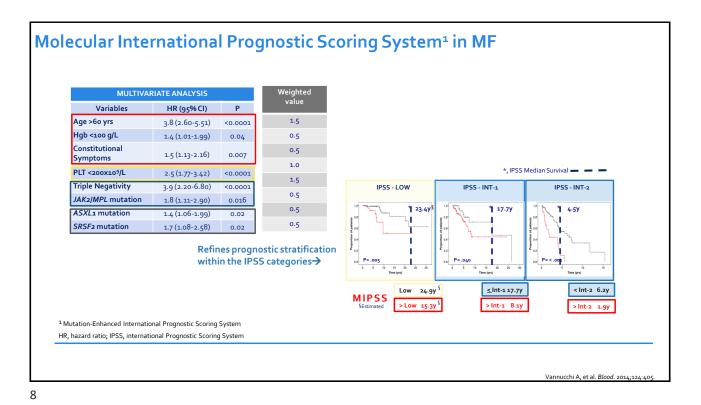
EMH, extramedullary hematopoiesis; ET, essential thrombocythemia; MF, myelofibrosis; PMF, primary myelofibrosis; PV, polycythemia vera.

Pinilla-Ibarz J, et al. Onco Targets Ther. 2016;9:4937-4957; Lichtman M et al. Williams Manual of Hematology. 8th ed. New York, NY: McGraw Hill Medical; 2011.

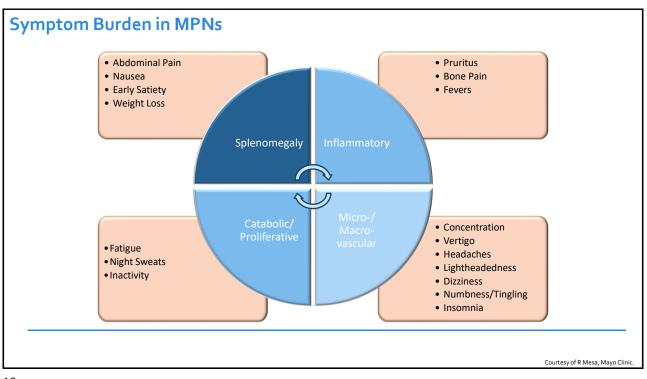


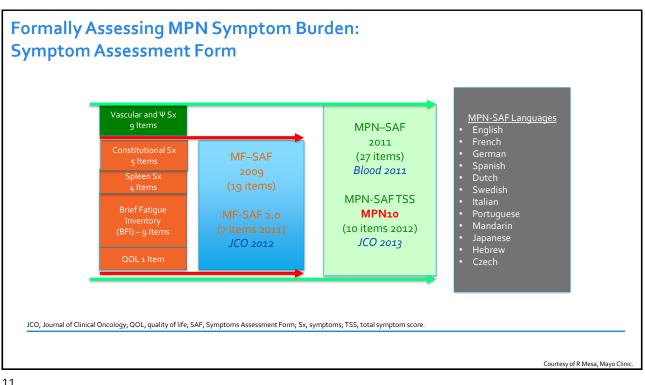


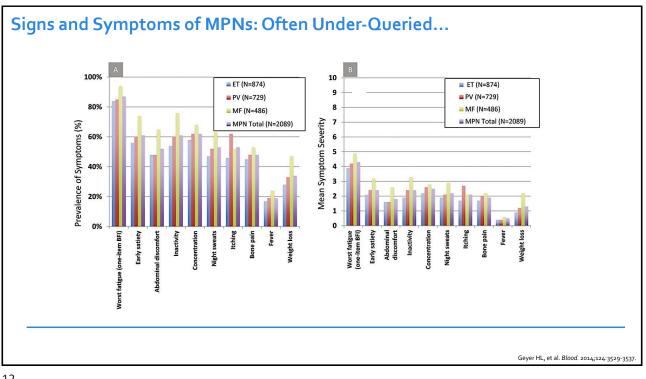




	IPSET (ET—3 groups) Survival thrombosis risk	PV Risk (4 groups) Survival leukemia rates	DIPSS (PMF—4 groups) Survival
Age, years	≥ 60 <mark>(2 points)</mark> <i>vs</i> < 60	≥ 67 (5 points) 57-66 (2 points), < 60 (0)	≥ 65 (1 point) <i>vs</i> < 65
Leukocytes	≥11 <mark>(1 point)</mark> vs <11 × 10 ⁹ /L	≥ 15 <mark>(1 point)</mark> vs < 15 × 10 ⁹ /L	> 25 <mark>(1 point)</mark> vs ≤ 25 × 10 ⁹ /L
Hemoglobin (Hgb)			< 10 <mark>(2 points)</mark> vs ≥ 10 g/dL
Constitutional symptoms			Present (1 point) vs absent
Blasts			≥ 1% (1 point) <i>vs</i> < 1%
Prior thrombosis	Yes (1 point) vs No	Yes (1 Point) vs No	
Risk group point cutoffs	0; 1-2; 3-4 points	0; 1-2; 3; 4 points	0; 1-2; 3-4; ≥ 4 points



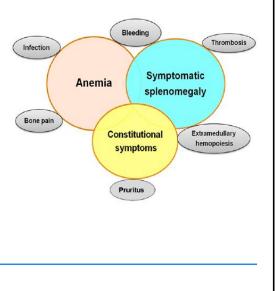




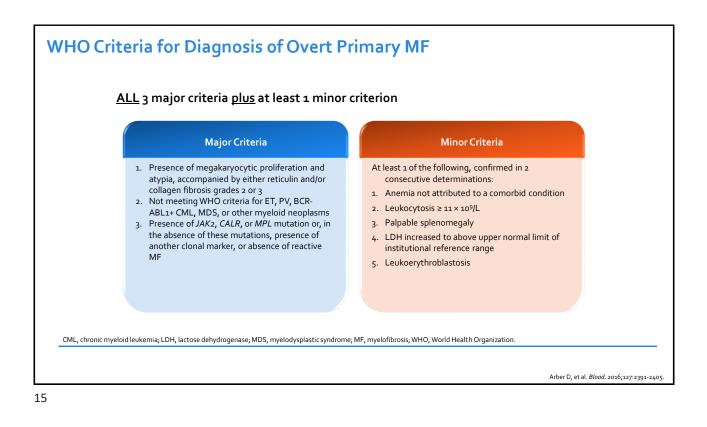


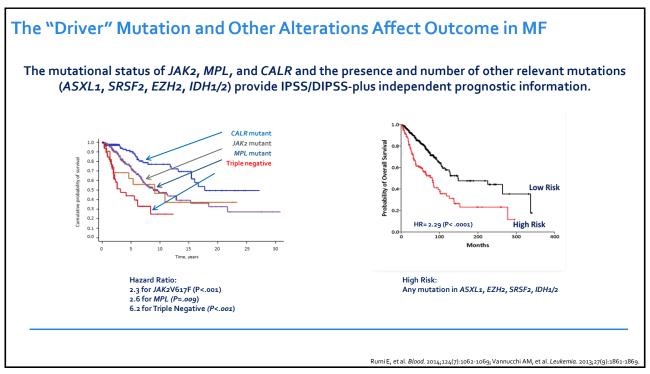
Clinical Features of Myelofibrosis (MF)

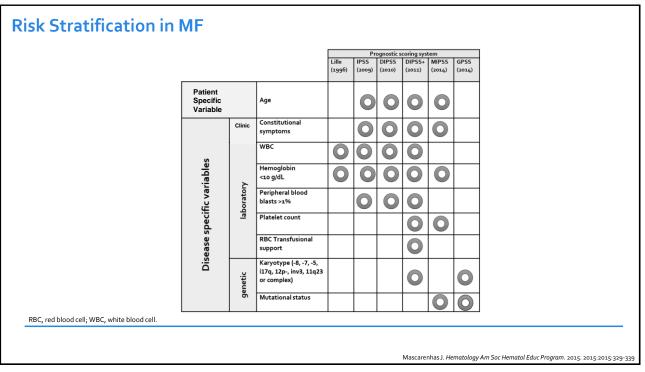
- Bone marrow fibrosis
- Splenomegaly
 - Splenomegaly-associated symptoms include abdominal pain/discomfort, early satiety
- Cytopenias
 - Anemia, thrombocytopenia
- Constitutional symptoms
 - Include fatigue, night sweats, pruritus (itching), bone aches, weight loss



Cervantes F. Blood. 2014;124(17):2635-2642.



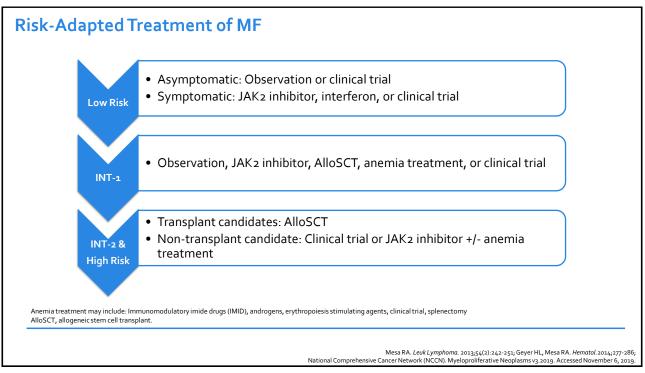




17

2008 IWG-MRT Diagnostic Criteria for Post-PV MF and Post-ET MF

Diagnostic criteria for post-PV MF	Diagnostic criteria for post-ET MF
REQUIRED	CRITERIA
1. Documentation of a previous diagnosis of ET or PV as defined by the WH	IO criteria
2. Bone marrow fibrosis grade 2/3 (on a o-3 scale) or grade 3/4 (on a o-4 sca	ale)
ADDITIONAL CRITERIA (2 are required)	ADDITIONAL CRITERIA (2 are required)
 Anemia or sustained loss of requirement for either phlebotomy (in the absence of cytoreductive therapy) or for cytoreductive treatment for erythrocytosis 	1. Anemia and a \ge 2 mg/mL decrease from baseline hemoglobin level
	2. A leukoerythroblastic peripheral blood picture
2. A leukoerythroblastic peripheral blood picture	 Increasing splenomegaly of ≥ 5 cm (distance of the tip of the spleen from the left costal margin) or the appearance of newly palpable splenomegaly
 Increasing splenomegaly of ≥ 5 cm (distance of the tip of the spleen from the left costal margin) or the appearance of a newly palpable splenomegaly 	4. Increased LDH (above reference level)
 Development of ≥ 1 of 3 constitutional symptoms: > 10% weight loss in 6 months, night sweats, unexplained fever (> 37.5°C) 	5. Development of ≥ 1 of 3 constitutional symptoms: > 10% weight loss in 6 months, night sweats, unexplained fever (> 37.5°C)
International Working Group-Myeloproliferative Neoplasms Research and Treatment	



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Interferon for the Treatment of MF

Author, Year, Study Design	N	Intervention	CR/PR/ORR	Grade 3 — 4 ADRs
Jabbour E, et al., 2007, Prospective	11	PEG-INF-α-2b (Peg-Intron®) 2 - 3 mcg/kg SC weekly (median dose: 1.5 mcg/kg weekly)	9%/0%/NR	Fatigue, myalgias, weakness, thrombocytopenia
Silver RT, et al., 2013, Prospective single-arm trial	32	rIFN-α-2b (Intron A®) 500,000 - 1 million units SC thrice weekly PEG-INF-α-2a (Pegasys®) 45 mcg SC weekly	9.4%/37.5%/78%	Thrombocytopenia
lanotto JC, et al., 2013, Retrospective	62	PEG-INF-α-2a (Pegasys®) 45 mcg SC weekly	ORR: 69 - 83% Spleen reduction: 46.5%	Anemia, thrombocytopenia, leukopenia

Jabbour E, et al. Cancer. 2007;110(9):2012-2018; Silver RT, et al. Blood. 2013;12(21): 4053; lanotto JC, et al. Br J Haematol. 2013;162(6):783-791.

Interferon From a Pharmacist's Perspective

- Data supporting the use of 3 different formulations
 PEG-INF-α-2b (Peg-Intron[®]), rIFN-α-2b (Intron A[®]), PEG-INF-α-2a (Pegasys[®])
- Initial dosing
 - Dependent on formulation
- Dose adjustments
- Renal impairment
- Hematologic toxicity
- Drug interactions
 - No major interactions
- Warnings and precautions
 - Cytopenias, cognitive impairment, cutaneous reactions, gastrointestinal (GI) hemorrhage, hepatotoxicity, hypersensitivity reactions, new or worsening depression, ophthalmic effects, pancreatitis, and pulmonary effects

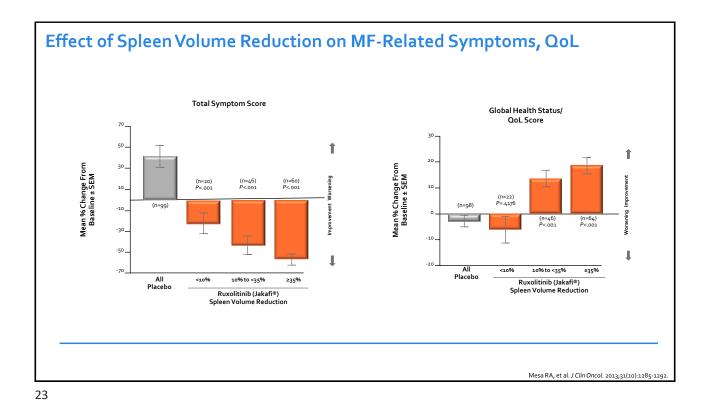
- Administration
 SC injection
- Dosage forms
 - Pre-filled syringes and solution for injection
- Storage
 - Store in the refrigerator
- Cost
 - \$3,600 to \$4,500/month
- Drug acquisition
 - Will likely require prior authorization
- Disposal
 - Sharps container
 - Adhere to state laws

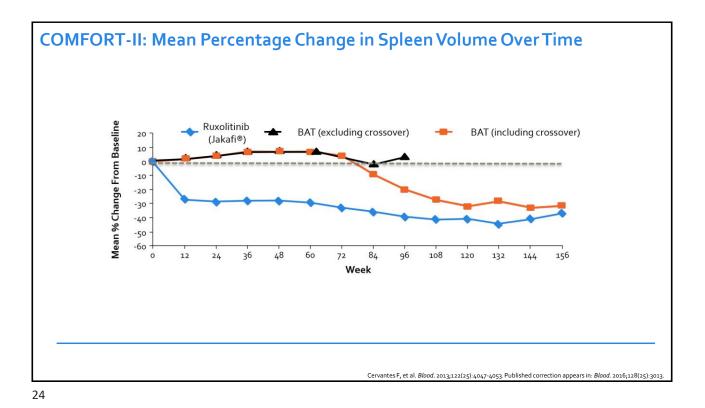
Vachhani P, et al. Ther Adv Hematol. 2024;15:20406207241229588; NCCN. Myeloproliferative Neoplasms Version 2.2024. August 8, 2024. https://www.nccn.org/professionals/physician_gls/pdf/mpn.pdf.

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olitinib (Jakafi®) in MF	
COMFORT-I (N = 309) Ruxolitinib (Jakafi®) vs. placebo in patients with intermediate- or high-risk MF	 41.9% (ruxolitinib [Jakafi®]) vs 0.7% (placebo) had ≥35% reduction in spleen volume at week 24 (P < 0.001)
COMFORT-II (N = 219) Ruxolitinib (Jakafi®) vs. best available therapy (BAT) in patients with intermediate- or high-risk MF	 32% (ruxolitinib [Jakafi[®]]) vs o% BAT) had ≥ 35% reduction in spleen volume at week 24 (P < 0.001)

Verstovsek S, et al. N Engl J Med. 2012;366(9):799-807; Harrison C, et al. N Engl J Med. 2012;366(9):787-798.





COMFORT-I: Non-Hematologic Adverse Events in ≥ 10%

Adverse Event (AE)	Ruxolitinib (Ja % Wit	kafi®), n = 155 th AE	Placebo, n = 151 % With AE		
	All Grades	Grade 3/4	All Grades	Grade 3/4	
Fatigue	25	5	34	7	
Diarrhea	23	2	21	0	
Peripheral edema	19	0	23	1	
Ecchymosis	19	0	9	0	
Dyspnea	17	1	17	4	
Dizziness	15	1	7	0	
Nausea	15	0	19	1	
Headache	15	0	5	0	
Constipation	13	0	12	0	
Vomiting	12	1	10	1	
Pain in extremity	12	1	10	0	
Insomnia	12	0	10	0	
Arthralgia	11	2	9	1	
Pyrexia	11	1	7	1	
Abdominal pain	10	3	41	11	

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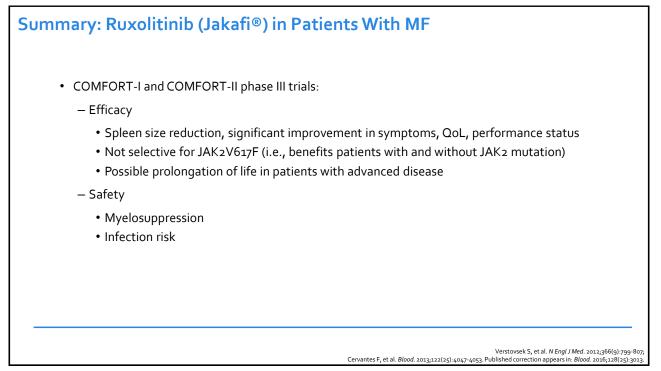
Ruxolitinib (Jakafi[®]): Survival Data

RUX (n=155) vs Placebo	(n=154)		RUX (n=146) vs Best ava	ilable therapy (n=73)	
Median follow-up	HR (95% CI)	P value*	Median follow-up	HR (95% CI)	P value*
OS at 1 year	0.50 (0.25-0.98)	0.04	OS at 1 year	0.70 (0.20-2.49)	
OS at 2 years	0.58 (0.36-0.95)	0.03	OS at 2 years	0.51 (0.27-0.99)	0.041
OS at 3 years	0.69 (0.46-1.03)	0.067	OS at 3 years	0.48 (0.28-0.85)	0.009

Combined Survival Data	for COMFORT-I and COM	IFORT-II
Median follow-up	HR (95% CI)	P value*
OS at 5 years	0.70 (0.54-0.91)	0.0065

OS, overall survival.

Harrison C, et al. N Engl J Med. 2012;366(9):787–798; Cervantes F, et al. Haematologica. 2013;98(2):160–162; Cervantes F, et al. Blood. 2013;122(25):4047-4053 Published correction appears in: Blood. 2016;128(25):3013. Verstovsek S, et al. N Engl J Med. 2012;366(9):799–807; Verstovsek S, et al. Haematologica. 2013;98(12):1865–1871; Verstovsek S, et al. Haematologica. 2015;100(4):479-488; Verstovsek S, et al. J Hematol Oncol. 2017;10:156.

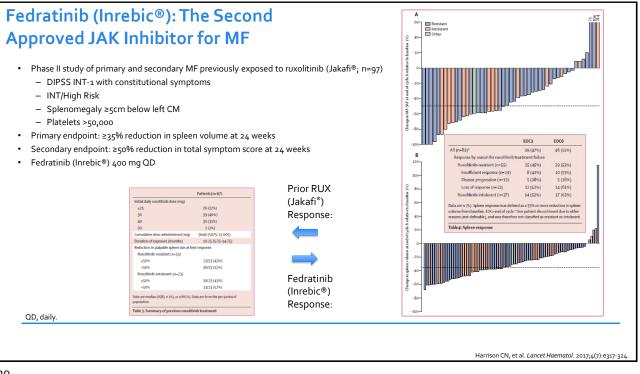


Ruxolitinib (Jakafi[®]) From a Pharmacist's Perspective

- Initial dosing
 - Dependent on platelet count and renal/hepatic function
- Dose adjustments
 - Renal impairment
 - Hepatic impairment
 - Hematologic toxicity
- Drug interactions
 - CYP3A4 and CYP2C9
- Warnings and precautions
 - Cytopenias, infection, discontinuation syndrome, non-melanoma skin cancers, & lipid elevations
 - Following discontinuation of Jakafi[®], symptoms from myeloproliferative neoplasms may return to pretreatment levels over a period of approximately one week. Some patients with MF have experienced one or more of the following AEs after
 - discontinuing ruxolitinib (Jakafi®) :
 - Fever
 - Respiratory distress
 - Hypotension
 Discominator
 - Disseminated intravascular coagulation (DIC)
 - Multi-organ failure

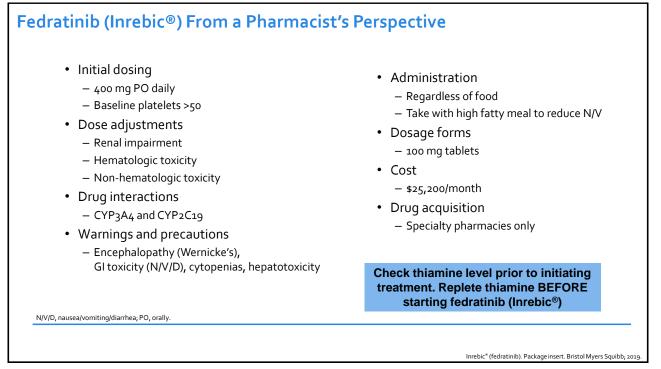
- Administration
 - Regardless of food
 - Via nasogastric tube
- Dosage forms
 - 5, 10, 15, 20, and 25 mg tablets
 - Cost
 - \$12,703.20/month
- Drug acquisition
 - Specialty pharmacies only

Jakafi® (Ruxolitinib). Package insert. Incyte; 2016.

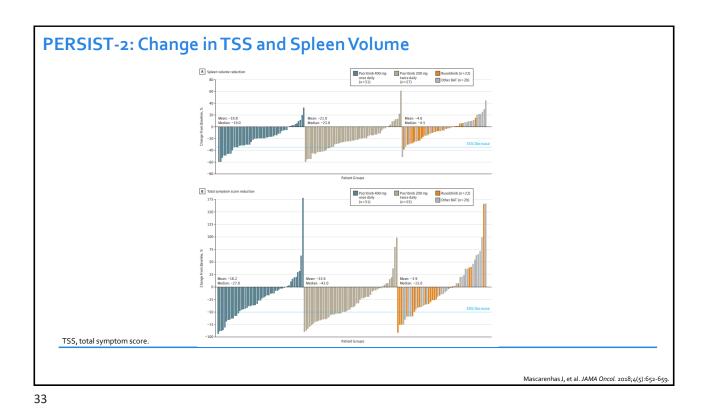


30

Fedratinib (Inrebic®): The Second Grade 1-2 Grade 3-4 Grade 5 Haematological adverse ents" (n=97) **Approved JAK Inhibitor for MF** Anaemia 10 (10%) 37 (38%) Thrombocytopenia 5 (5%) 21 (22%) 1 (1%) 3 (3%) Non-haematological a e events (n=97) 56 (58%) Toxicity raised distinct novel AEs 4 (4%) Nausea 54 (56%) - $39\% \ge 1$ dose reduction; most common for GI Vomiting 40 (41%) 1 (1%) 19 (20%) - 19% discontinuation for AEs Pruritus 16 (16%) Fatique 13 (13%) 2 (2%) - Most common AEs: anemia, thrombocytopenia 12 (12%) leadache 1 (1%) Cough 13 (13%) During study concern over risk of Wernicke encephalopathy (WE): acute neurological ٠ Urinary tract infection 12 (12%) condition characterized by a clinical triad of ophthalmoparesis with nystagmus, ataxia, 1 (1%) Dyspnoea 11 (11%) Dizziness 11 (11%) and confusion, generally caused by thiamine deficiency Abdominal pain 7 (7%) 2 (2%) Grade 3 encephalopathy in one patient, adjudicated to be hepatic not Wernicke Alanine amii increased 3 (3%) 3 (3%) Pneumonia 3 (3%) 2 (2%) 1 (1%) Hyperlipasaemi 3 (3%) 1 (1%) Hyperuricaemia 2 (2%) 2 (2%) Dehydration 1 (1%) 2 (2%) our lysis sy 2 (2%) Cardiac failure 1 (1%) 2 (2%) Amylase increased 1 (1%) 2 (2%) WARNING: ENCEPHALOPATHY INCLUDING WERNICKE'S 2 (2%) Serious and fatal encephalopathy, including Wernicke's, has occurred in patients treated with INREBIC. Wernicke's encephalopathy is a neurologic emergency. Assess thiamine levels in all patients prior to straing INREBIC, periodically during treatment and as clinically indicated. Do not start INREBIC in patients with thiamine deficiency: replet thiamine prior to treatment initiation. If encephalopathy is suspected, immediately discontines INREBIC and initiate parentered thiamine. Advice unstrained in the strain strained in the initiate parentered thiamine. Monitor until symptoms resolve or improve and thiamine levels normalize. (2.6, 5.1, 6.1). Cardiac failure 1 (1%) 2 (2%) FDA Label: Respiratory failure 1 (1%) Splenic rupture 1 (1%) e n (%). Shown are any grade event o grade 3-4 events occurring in more than one patient, and all deaths (exc four deaths due to disease progression)."Laboratory measurements. Table 5: Adverse events Harrison CN, et al. Lancet Haematol. 2017;4(7):e317-324



PERSIST-1 (N = 327) Pacritinib (Vonjo®) vs. BAT, excluding ruxolitinib (Jakafi ®) in patients with intermediate- or high-risk MF; JAK inhibitor naïve	 19% (pacritinib [Vonjo®]) vs 5% BAT had ≥35% reduction in spleen volume at week 24 (P = 0.0003)
PERSIST-2 (N = 221) Pacritinib (Vonjo®) 400 mg daily vs. pacritinib (Vonjo®) 200 mg twice daily vs. BAT, including ruxolitinib (Jakafi®), in pts with intermediate- risk or high-risk MF; Prior JAK inhibitor allowed; platelets ≤ 100	 22% (pacritinib [Vonjo®] 200 mg twice daily) vs 3% BAT had ≥35% reduction in spleen volume at week 24 (P = 0.001) 32% (pacritinib [Vonjo®] 200 mg twice daily) vs 14% BAT had ≥50% reduction in TSS at week 24 (P=0.01)



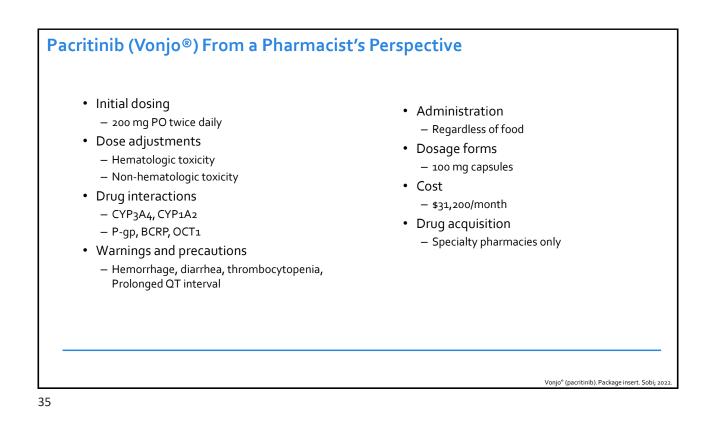
PERSIST-2: Change in TSS and Spleen Volume in Patients with Prior Ruxolitinib (Jakafi®) and in Patients with Baseline Platelets < 50

Reductions From Baseline to Week 24	Pacritinib 200 mg Twice Daily	BAT
Patients With Prior Ruxolitinib		
Patients with ≥35% SVR		
Overall population, No.	31	33
Achieved end point, No. (%)	4 (13)	1 (3)
95% CI for the % ^a	3.6-29.8	0.1-15.8
Patients with ≥50% reduction in TSS		
Overall population, No.	31	33
Achieved end point, No. (%)	10 (32)	5 (15)
95% CI for the % ^a	16.7-51.4	5.1-31.9
Patients With Baseline Platelets <50 × 10 ⁹ /l		
Patients with ≥35% SVR from baseline to we	ek 24	
Overall population, No.	31	32
Achieved end point, No. (%)	9 (29)	1 (3)
95% CI for the % ^a	14.2-48.0	0.1-16.2
Patients with ≥50% reduction in TSS		
Overall population, No.	31	32
Achieved end point, No. (%)	7 (23)	4 (13)
95% CI for the %ª	9.6-41.1	3.5-29.0

AEs

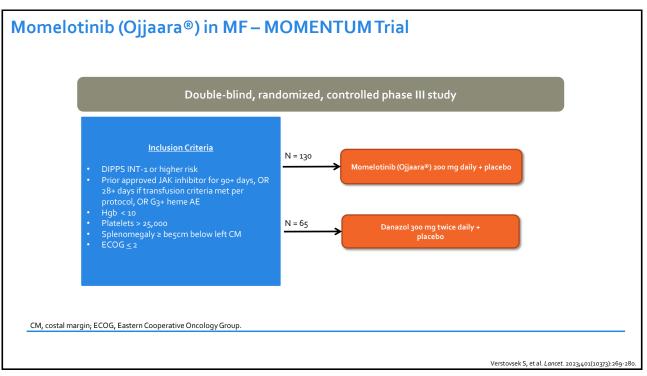
- Diarrhea (48%), thrombocytopenia (34%), nausea (32%), anemia (24%), peripheral edema (20%)
- Discontinuation due to AEs: 15%

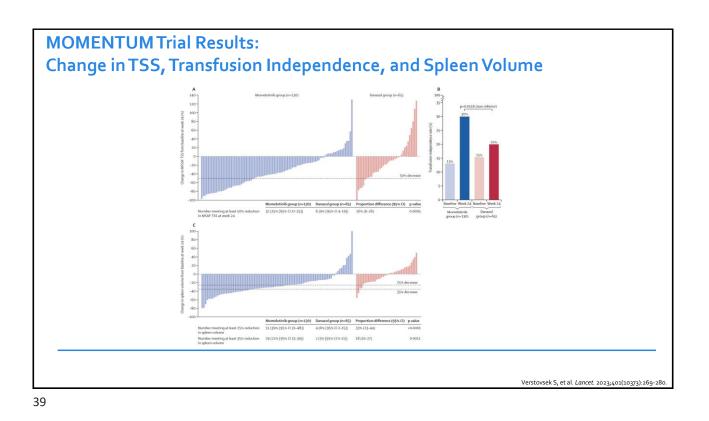
Mascarenhas J, et al. JAMA Oncol. 2018;4(5):652-659.



SIMPLIFY-1 (N = 432) Momelotinib (Ojjaara®) vs. ruxolitinib (Jakafi®) in patients with intermediate- or high-risk MF; JAK inhibitor naïve	 27% (momelotinib [Ojjaara®]) vs 29% (ruxolitinib [Jakafi®]) had ≥35% reduction in spleen volume at week 24 (P = 0.011) (<i>met noninferiority</i>) 28% (momelotinib [Ojjaara®]) vs 42% (ruxolitinib [Jakafi®]) had ≥50% reduction in TSS at week 24 (P = 0.98)
SIMPLIFY-2 (N = 156) Momelotinib (Ojjaara®) vs. BAT in patients with intermediate-risk or higher MF; Prior JAK inhibitor	 7% (momelotinib [Ojjaara®]) vs 6% BAT had ≥35% reduction in spleen volume at week 24 (P = 0.9) 26% (momelotinib [Ojjaara®]) vs 6% BAT had ≥50% reduction in TSS at week 24 (P = 0.0006)

Freatment-Emergent AE	Momelotinib (Ojjaara®), n=214 % With AE	Ruxolitinib (Jakafi®), n=216 % With AE
Thrombocytopenia	19	29
Diarrhea	18	20
Headache	17	20
Dizziness	16	12
Nausea	16	4
Fatigue	15	12
Anemia	14	38
Abdominal Pain	10	11

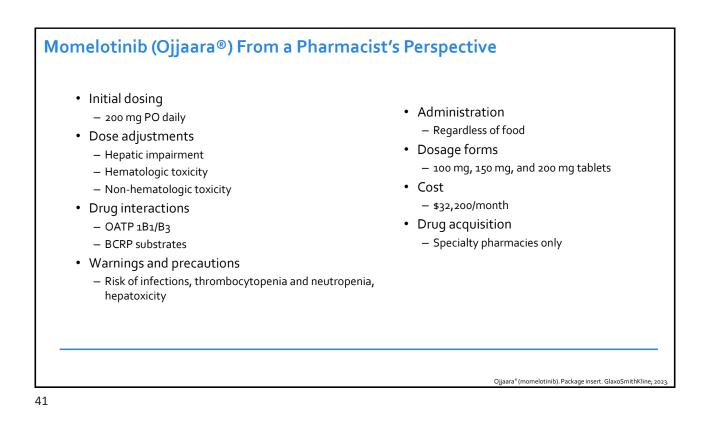




MOMENTUM Trial Results: Treatment-Emergent AEs Observed in at Least 10% of Patients in Either Treatment Group During the 24-Week Randomized Treatment Period

AE	Momelotinib (Ojj % Wit		Danazol, n = 65 % With AE	
	All Grades	Grade 3+	All Grades	Grade 3+
Diarrhea	22	0	9	2
Nausea	16	2	9	3
Asthenia	13	1	9	2
Pruritis	11	2	11	0
Weight decreased	11	0	6	0
Blood creatinine increased	8	1	15	3
Dyspnea	8	2	14	2
Peripheral edema	8	2	14	0
Fatigue	6	1	11	3
Acute kidney injury	5	3	12	9
Hematological Abnormalities				
Anemia	99	61	100	75
Thrombocytopenia	76	28	62	26
Neutropenia	29	12	26	9

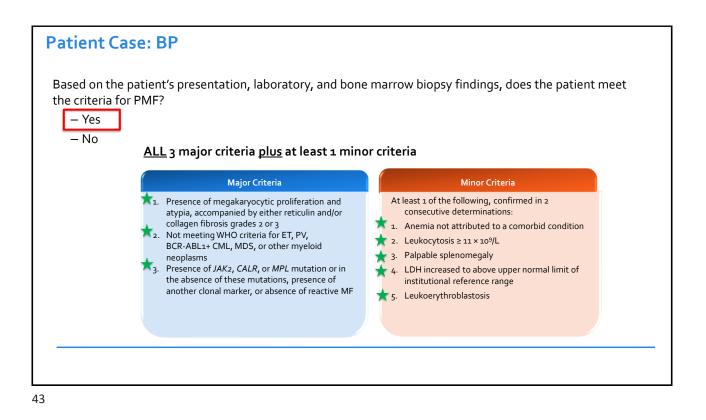
Verstovsek S, et al. Lancet. 2023;401(10373):269-280.



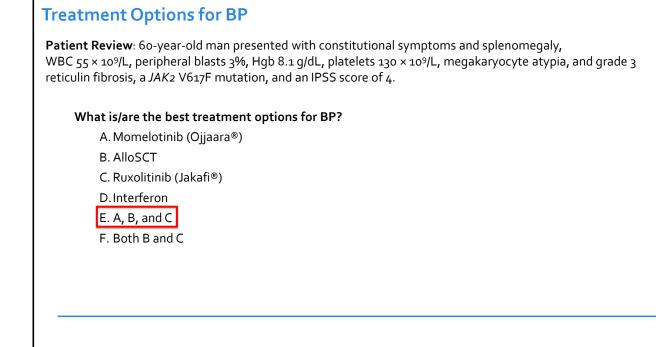
Patient Case: BP

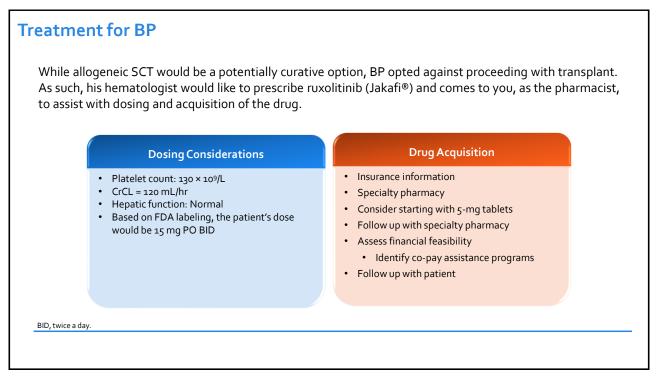
- 6o-year-old male with no major past medical history
- Presentation: Fatigue, pruritus, abdominal discomfort, 15-lb weight loss
- Physical exam: Splenomegaly by palpation (extends 8 cm below the left CM)

Diagnostics	
WBC	55 × 10 ⁹ /L (reference range: 4.3 to 10.5 × 10 ⁹ /L)
Peripheral blasts	3%
Hgb	8.1 g/dL (reference range: Male, 13.8 to 17.2 g/dL)
Platelets	130 × 10º/L (reference range: 150 to 400 × 10º/L)
LDH	1000 IU/L (reference range: 105 to 333 IU/L)
Bone marrow	Atypical megakaryocytes and proliferation; grade 3 reticulin fibrosis
Cytogenetics	Normal karyotype
Diagnostic molecular pathology	BCR-ABL negative, JAK2V617F mutation

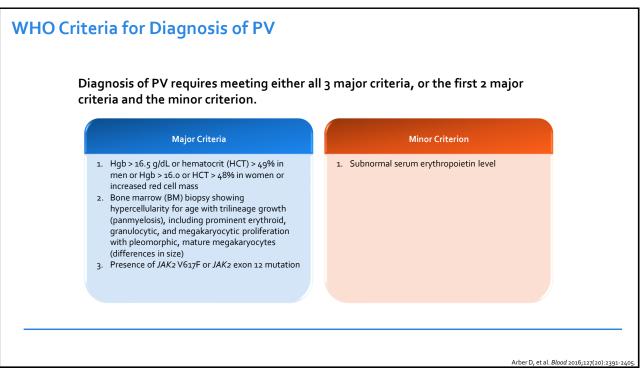


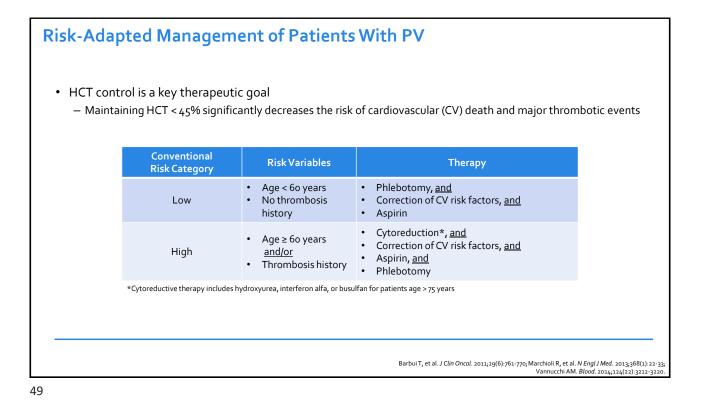
BP's Risk Status Patient Review: This 6o-year-old man presented with constitutional symptoms and splenomegaly, WBC 55 × 10⁹/L, peripheral blasts 3%, Hgb 8.1 g/dL, platelets 130 × 10⁹/L, megakaryocyte atypia, and grade 3 reticulin fibrosis, and JAK2 V617F mutation. What is the IPSS risk status of this newly-diagnosed PMF patient? A. Low B. Intermediate-1 C. Intermediate-2 D. High **IPSS Risk Assessment for PMF** No. of Risk Factors **Risk Factors Risk Level** Median OS, months □ Age > 65 yrs 0 Low 135 Constitutional symptoms Intermediate-1 1 95 Hgb < 10 g/dL 2 Intermediate-2 48 WBC count > 25 × 109/L High ≥3 27 Blood blasts ≥ 1% Cervantes F, et al. Blood. 2009;113(13):2895-2901

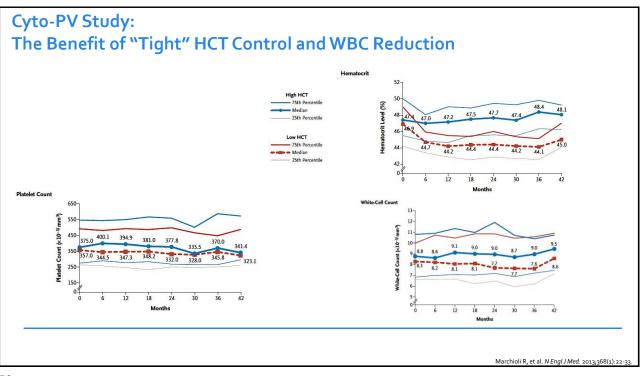


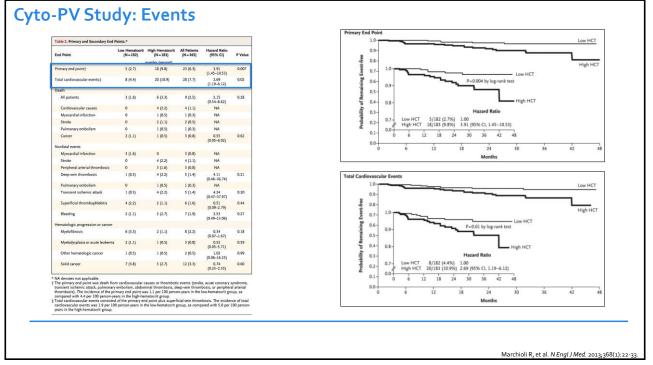


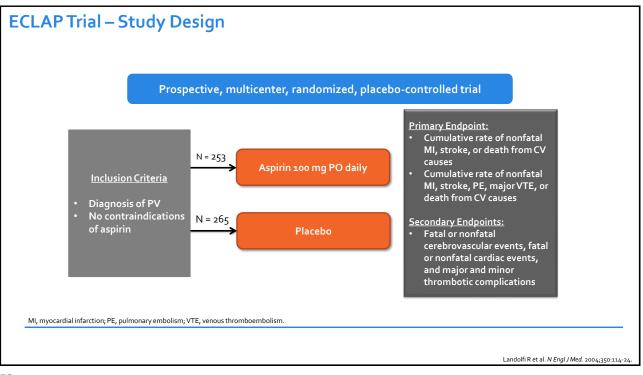










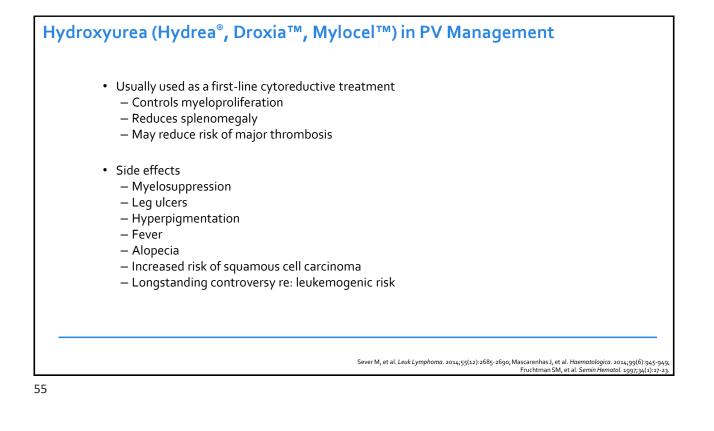


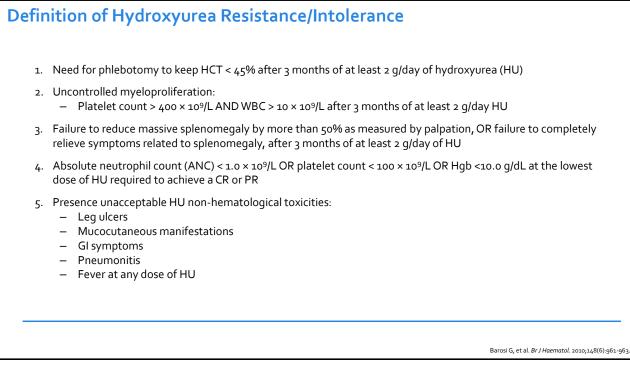
End Point	Aspirin (N=253)	Placebo (N=265)	Relative Risk (95% CI)	P value
Vonfatal MI, nonfatal stroke, PE, major VTE, or death from CV causes	8 (3.2)	21 (7.9)	0.4 (0.18-0.91)	0.03
Nonfatal MI, nonfatal stroke, PE, DVT, or death from any cause	13 (5.1)	29 (10.9)	0.47 (0.25-0.91)	0.02
Major or minor thrombosis	17 (6.7)	41 (15.5)	0.42 (0.24-0.74)	0.003
Any Bleeding	23 (9.1)	14 (5.3)	1.82 (0.94-3.53)	0.08
Major Bleeding	3 (1.2)	2 (0.8)	1.62 (0.27-9.71)	0.60
Minor Bleeding	20 (7.9)	12 (4.5)	1.83 (0.90-3.75)	0.10

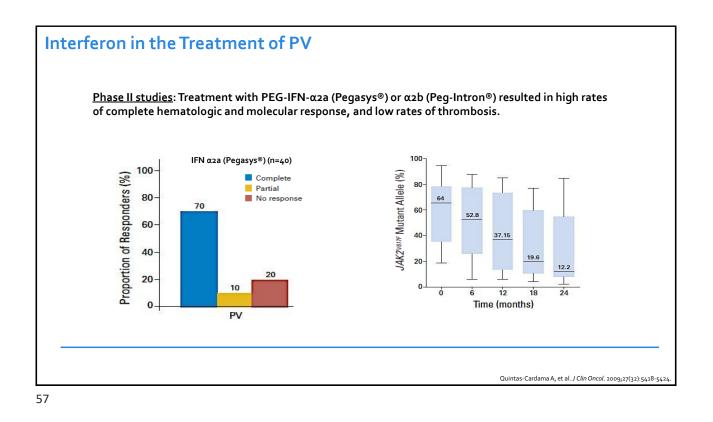


Summary

- Low-dose aspirin can safely prevent thrombotic complications in patients with PV who have no contraindications to aspirin therapy
- If patients encounter GI discomfort with aspirin, consider adding H₂antagonist
- Patients with extreme thrombocytosis (i.e., platelets > 1,000 × 10⁹/L) should be screened for acquired Von Willebrand syndrome



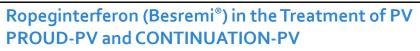


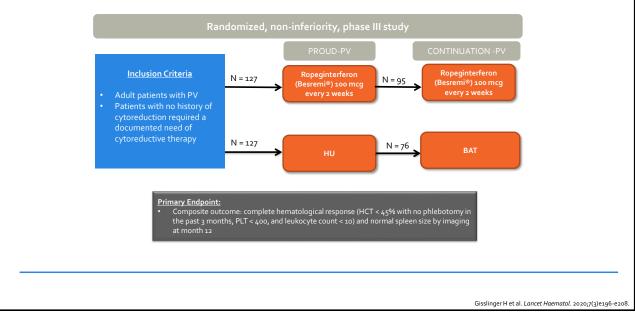


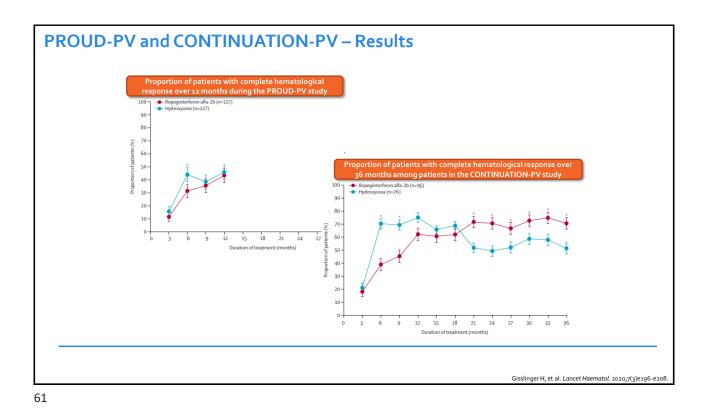
Interferon Tolerability in PV All patients Patients treated at 90 mcg/week Grade 3 Grade 4 Toxicity No. % No. % Grade 3 Grade 4 Neutropenia No. % No. % Toxicity Elevated LFTs Fatigue Neutropenia Pain Diarrhea Infection Elevated LFTs Depression Diarrhea Mucositis Blurred vision Dizziness Anemia

Quintas-Cardama A, et al. J Clin Oncol. 2009;27(32):5418-5424

Author, Year, Study Design	N	Intervention	Response	ADRs
Gisslinger H et al., 2015, PEGINVERA Phase I/II	Phase I = 25 Phase II = 26	Phase I = rIFN- α -2b (Intron A®) 50-540 µg SC every 2 weeks (no MTD) Phase II = Response-driven dosing up to 540 µg SC every 2 weeks (median dose: 250 µg SC every 2 weeks	Dose <300 µg (n=37): 43% (CR)/ 43% (PR) Dose ≥300 µg (n=14): 57% (CR)/43% (PR)	<u>Common</u> : Pruritus, arthralgia, fatigue, headache, diarrhea, influenza-like illness, vertigo <u>Serious</u> : Psychiatric ADR (31%), autoimmune thyroiditis (2 pts)
Gisslinger H et al., 2016, ASH Abstract PROUD-PV Phase III	254	rIFN-a-2b (Intron A®) with response-driven dosing up to 540 µg SC every 2 weeks (median dose: 450 µg SC every 2 weeks HU with CBC-driven dosing (median dose: 1250 mg) *Treatment for 12 months	*Met non-inferiority analysis CHR: 43.1% (rIFN- α -2b [Intron A®]) vs. 45.6% (HU), p = 00.28	No difference in endocrine disorders, psychiatric disorders, cardiac/vascular disorders, and tissue disorders. 5 secondary malignancies in HU group vs. o in rlFN-α-2b (Intron A®) group
Gisslinger H et al., 2017, Mature results from PROUD-PV called CONTINUATION-PV	171	rIFN-a-2b (Intron A®) with response-driven dosing up to 540 µg SC every 2 weeks (median dose: 450 µg SC every 2 weeks BAT)	CHR: 70.5% vs. 49.3%, p = 0.0101 Partial molecular response: 49.5% vs. 36.6%, p = 0.1183	Thrombocytopenia (19.7% vs. 26.8%), leukopenia (18.9% vs. 22%), anemia (9.4% vs. 22%), increased GGT (11% vs. 0%), endocrine (3.9% vs. 0.8%), and psychiatric (2.4% vs. 0.8%)
D, maximum treatment dosa	ige.			



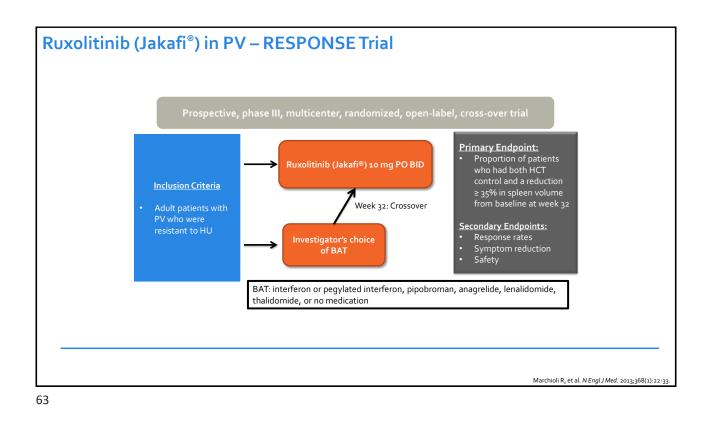


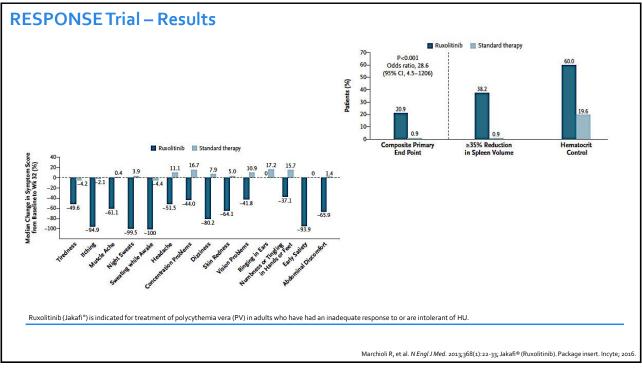


Ropeginterferon (Besremi[®]) From a Pharmacist's Perspective

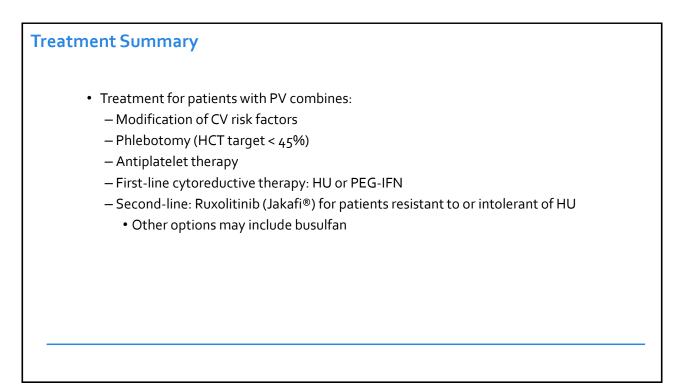
- Initial dosing
 - 100 mcg SC every 2 weeks
 - If on HU, 50 mcg SQ every 2 weeks
- Dose adjustments
 - Hematologic toxicity
 - Non-hematologic toxicity
- Drug interactions
 - None known
- Warnings and precautions
 - Depression and suicide, endocrine toxicity, CV toxicity, decreased blood counts, pancreatitis, pulmonary toxicity, eye toxicity, hyperlipidemia, hepatoxicity, renal toxicity, dental toxicity, cutaneous toxicity

- Administration
- SC injection
- Dosage forms
 - 500 mcg/mL solution in a single-dose prefilled syringe
- Storage
 - Store in refrigerator in original package
- Cost
 - \$20,000/month
- Drug acquisition
 - Specialty pharmacies only
- Disposal
 - Sharps container
 - Adhere to state laws



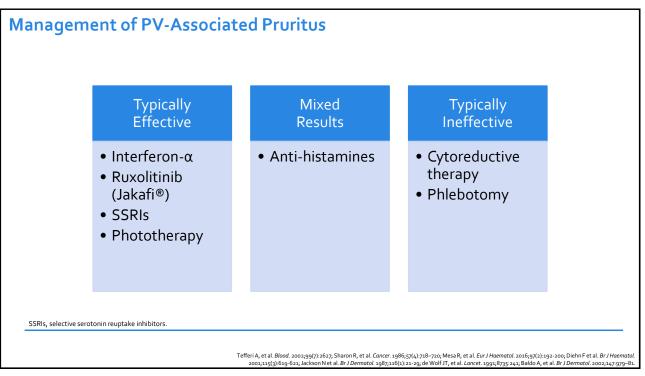


	Ruxolitinit (n = :		BA (n = 1	
Patients, %	All Grades	Grade 3/4	All Grades	Grade 3/4
Anemia	43.6	1.8	30.6	0.0
hrombocytopenia	24.5	5.5	18.9	3.6
Veutropenia	1.8	0.9	8.1	0.9
 Most common grade 3/4 non-l Rate of herpes zoster infectior Thromboembolic events occur 	was higher in the ruxol	itinib (Jakafi®) group (6	.4% vs o; all grade 1-2)	

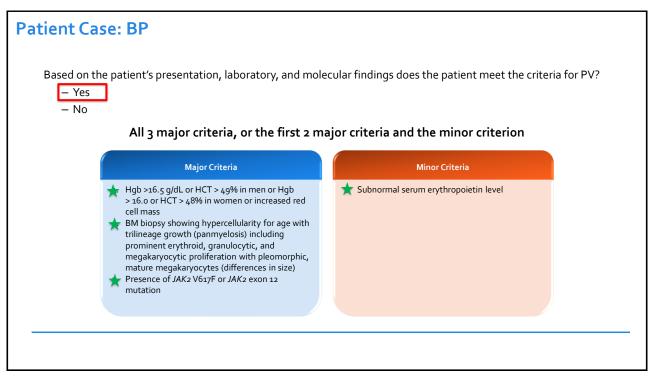


	PV-associated pruritus	Idiopathic AP	AP of the elderly
Mean age (years)	59 (range 21-89)	29.4 (females), 34.5(males)	>60
Gender distribution (F:M)	~1:1	~1:1	3:1
Family history	None	33%	None
Relationship of pruritus to water	Usually follows contact with water at any temperature, but less frequently after contact with cold water	Hot water causes symptoms in 30% and cold water in 35% of patients	Itching is invariably absent during bathing, but starts soon after (during drying)
Clinical features	Distributed over torso and extensor surface of limbs, lower rate of arterial thrombosis, negative impact on QoL	Onset of itching is upon contact with water, duration averages 40 min, condition is usually unremitting, psychiatric symptoms may be present	Fair color, dry scaly skin, females have more severe symptoms, itching begins in lower extremities and spreads upwards, but spares head, symptoms are worse in winter, and are progressive
Histopathological features	Increased skin mast cells, mononuclear cells and eosinophils, itching correlates with homozygosity for the <i>JAK2</i> V617F mutation	Normal number of skin mast cells, acetylcholine mediated, increased cutaneous fibrinolytic activity	Non-specific lymphocytic perivenular infiltrate

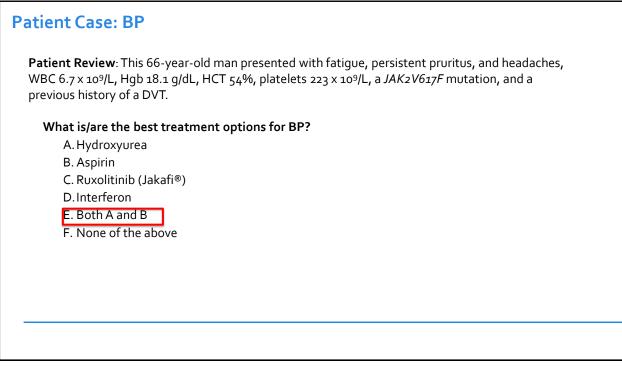




	a history of a right lower extremity DVT	
	persistent pruritus, and headaches	
 Physical exam: No evid 	ence of splenomegaly by palpation	
Diagnostics 4/15/2008		
WBC	6.7 × 10 ⁹ /L (reference range: 4.3 to 10.5 × 10 ⁹ /L)	
Peripheral blasts	0%	
Hgb	18.1 g/dL (reference range: Male, 13.8 to 17.2 g/dL)	
НСТ	54% (reference range: Male, 38.8 to 52%)	
Platelets	223 × 109/L (reference range: 150 to 400 × 109/L)	
BM biopsy	Hypercellular, trilineage hematopoiesis with pleomorphic, mature megakaryocytes	
Cytogenetics	Normal karyotype	
Diagnostic molecular pathology	BCR-ABL negative, JAK2 V617F mutation	
Erythropoietin level	<1.0 mIU/mL (reference range: 2.6 to 18.5 mIU/mL)	



BP's Risk Status
Patient Review: This 66-year-old man presented with fatigue, persistent pruritus, and headaches, WBC 6.7 × 10 ⁹ /L, Hgb 18.1 g/dL, HCT 54%, platelets 223 × 10 ⁹ /L, a <i>JAK</i> 2 V617F mutation, and a previous history of a deep vein thrombosis (DVT).
What is the risk status of this patient with newly-diagnosed PV? A. Low B. High

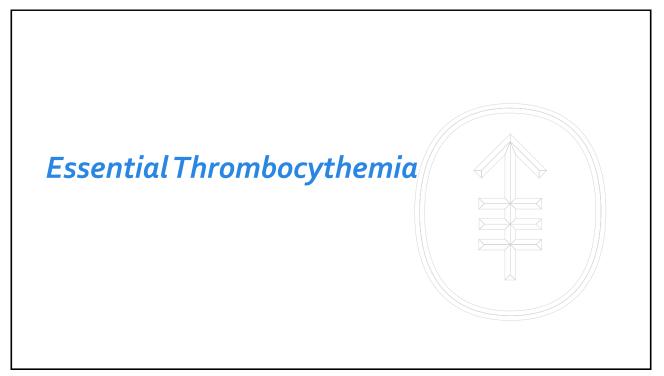


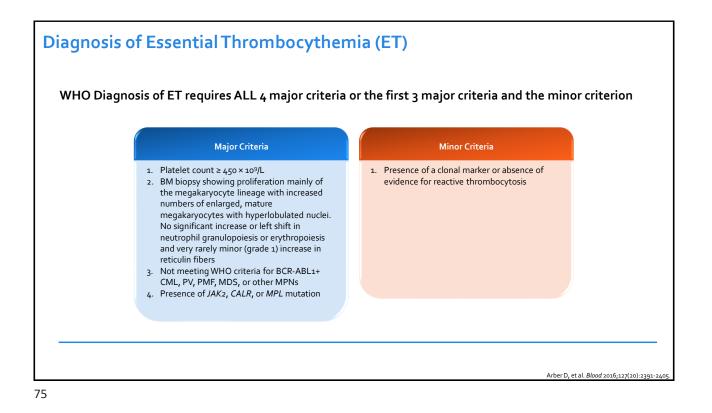
Patient Case: BP

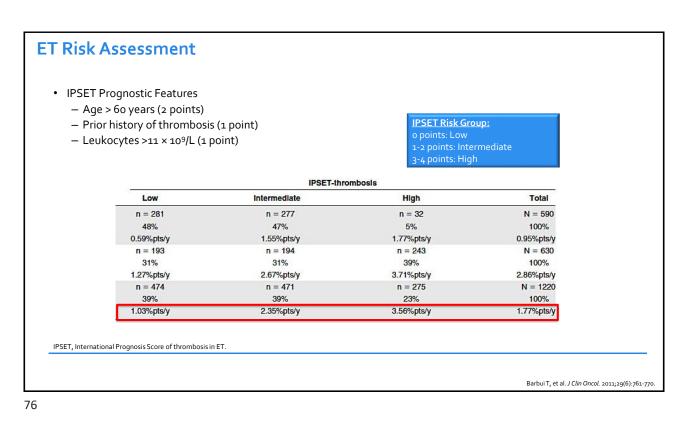
Patient Review: This 66-year-old man presented with fatigue, persistent pruritus, and headaches, WBC 6.7×10^{9} /L, Hgb 18.1 g/dL, HCT 54%, platelets 223 × 10⁹/L, a *JAK2* V617F mutation, and a previous history of a DVT. He was placed on hydroxyurea (Hydrea[®], DroxiaTM, MylocelTM) and tolerated it well until today, when he presented to clinic with leg ulcers, increasing Hgb and HCT, and a return of his constitutional symptoms.

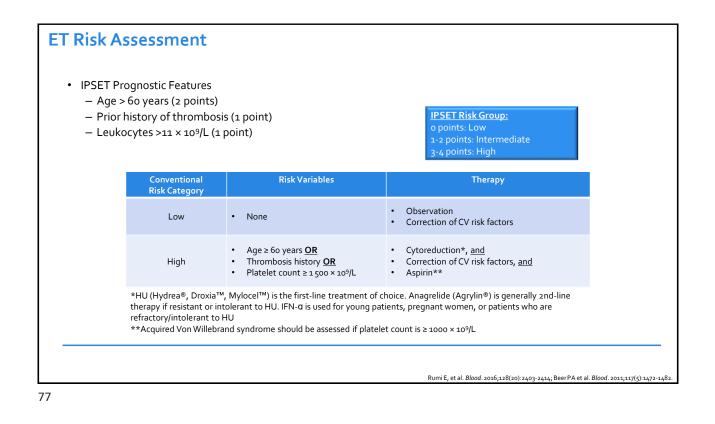
What should we do now?

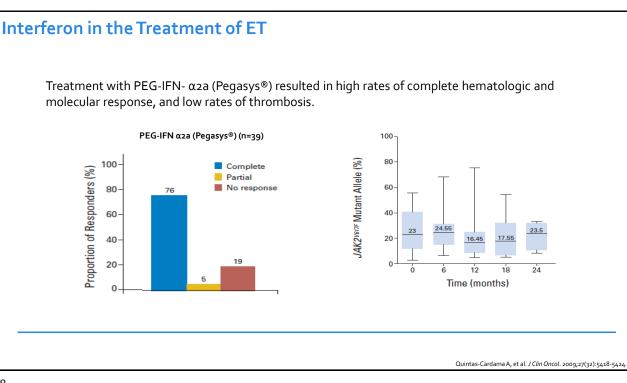
- a. Continue hydroxyurea, but increase the dose
- b. Consider starting ruxolitinib (Jakafi®)
- c. Admit the patient to start 7+3 chemotherapy

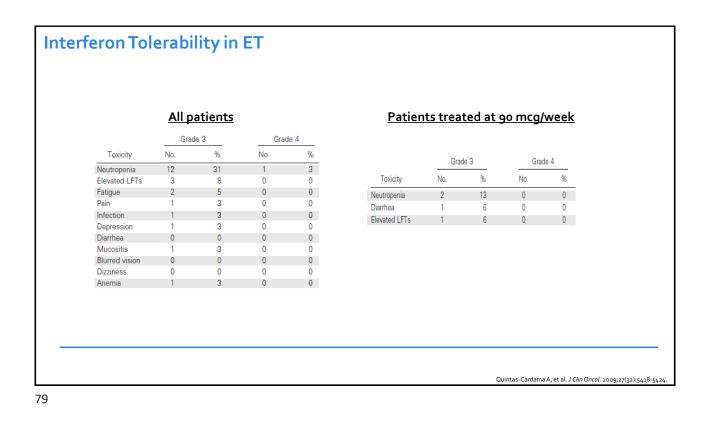


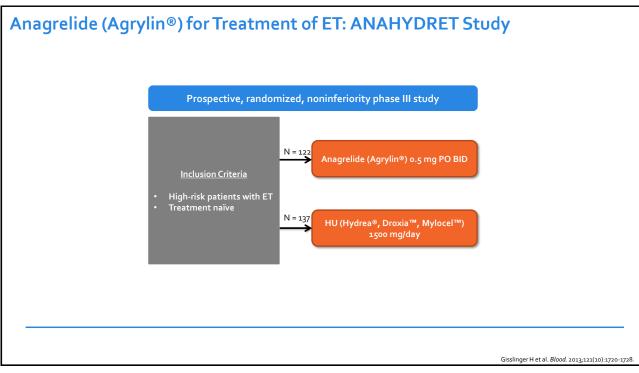


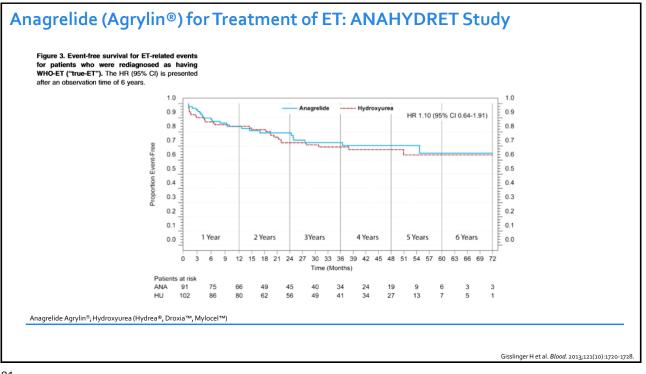


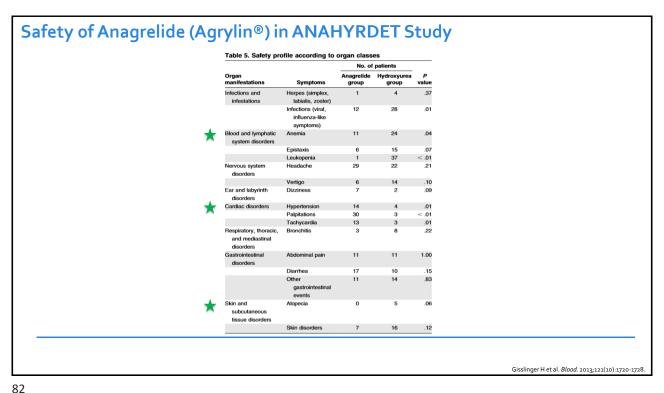












Anagrelide (Agrylin®) From a Pharmacist's Perspective

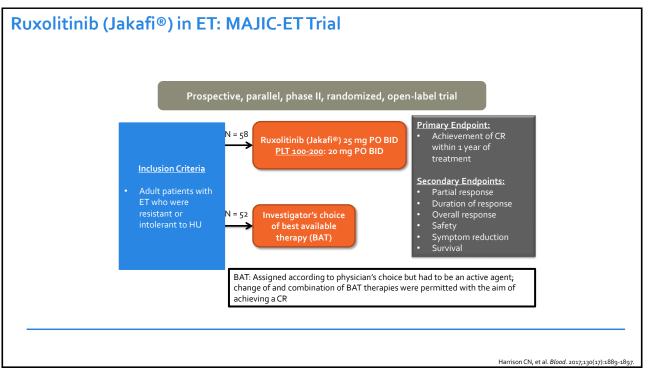
- Initial dosing
 - 0.5 mg PO BID
 - Dose adjust to platelet count to < 600, ideally between 150 and 400
- Dose adjustments
 - Hepatic impairment
 - Hematologic toxicity
- Drug interactions
 - Antiplatelet and anticoagulation
- · Warnings and precautions
 - Bleeding risk, CV, pulmonary hypertension, pulmonary toxicity, renal abnormalities

- Administration

 Regardless of food
- Dosage forms - 0.5 and 1 mg capsules
- Cost
 - \$669.60/month
- Drug acquisition
 - Retail pharmacy

Anagrelide (Agrylin®). Package insert. Shire US Inc.; 2016





	Ruxolitinib (Jakafi®)	BAT	P Value
CR	46.5%	44.2%	0.40
PR	46.5%	51.9%	*Not reported
OS	0.98	0.98	0.99
PFS	0.93	0.96	0.97
Thrombotic event	17.2%	5.8%	0.09
Hemorrhagic event	1.7%	8.9%	0.14
Maximum % TSS reduction at any point during first 12 months	32%	٥%	0.03
Symptom response at 2 months	19%	3%	0.04

Ruxolitinib (Jakafi®) in ET: MAJIC-ET Trial

Grade 3/4	Ruxolitinib (Jakafi®)	ВАТ	P value
Anemia	21%	0%	< 0.005
Thrombocytopenia	3.4%	0%	0.32
Infection	15.5%	3.5%	0.03

Overview of assigned therapy switches and discontinuations per treatment arm

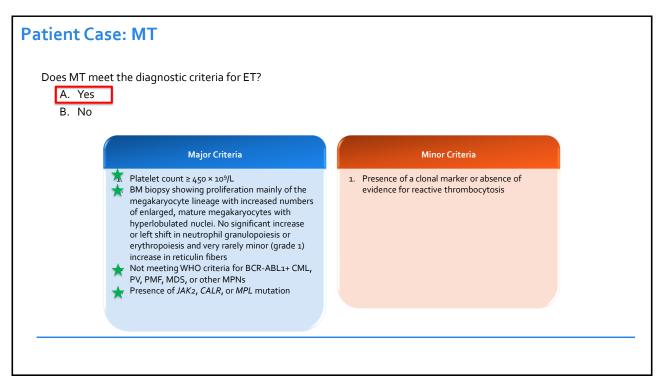
	Ruxolitinib	BAT	Total
Assigned therapy switches			
Patients that switched BAT therapy at least once	N/A	30	30
Total number of times BAT therapy was switched	N/A	86	86
Discontinuations			
Transformation	9	3	12
Loss of response	11	0	11
Lack of efficacy	5	1	6
Toxicity			
Anemia	2	0	2
Other	3	1	4
Other	3	3	6
Death	1	2	3
Withdrawal of consent	1	0	1
Total	35	10	45

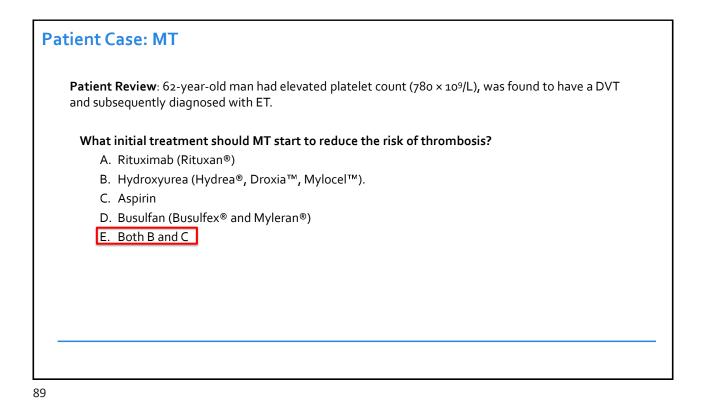
Harrison CN, et al. *Blood*. 2017;130(17):1889-1897.

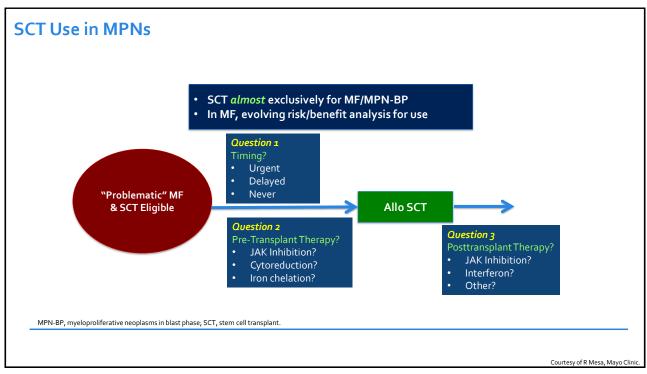
Patient Case: MT

- 62-year-old man had elevated platelet count (780 × 10⁹/L) was recently admitted for a DVT
- History, examination, and laboratory tests (iron status, inflammatory markers, rheumatoid disease, and malignancy screening) did not reveal underlying cause

Hgb 14.3 g/dL (reference range: Male, 13.8 to 17.2 g/dL) Platelets 775 × 10 ⁹ /L (reference range: 150 to 400 × 10 ⁹ /L) BM biopsy Increased megakaryocytes with prominent large hyperlobulated forms; reticulin is not increased	Diagnostics	
Platelets 775 × 10 ⁹ /L (reference range: 150 to 400 × 10 ⁹ /L) BM biopsy Increased megakaryocytes with prominent large hyperlobulated forms; reticulin is not increased Cytogenetics Normal karyotype	WBC	9.6 × 10 ⁹ /L (reference range: 4.3 to 10.5 × 10 ⁹ /L)
BM biopsy Increased megakaryocytes with prominent large hyperlobulated forms; reticulin is not increased Cytogenetics Normal karyotype	Hgb	14.3 g/dL (reference range: Male, 13.8 to 17.2 g/dL)
BM biopsy forms; reticulin is not increased Cytogenetics Normal karyotype	Platelets	775 × 10 ⁹ /L (reference range: 150 to 400 × 10 ⁹ /L)
	BM biopsy	
Diagnostic molecular pathology BCR-ABL negative. JAK2V617E mutation present	Cytogenetics	Normal karyotype
	Diagnostic molecular pathology	BCR-ABL negative, JAK2 V617F mutation present



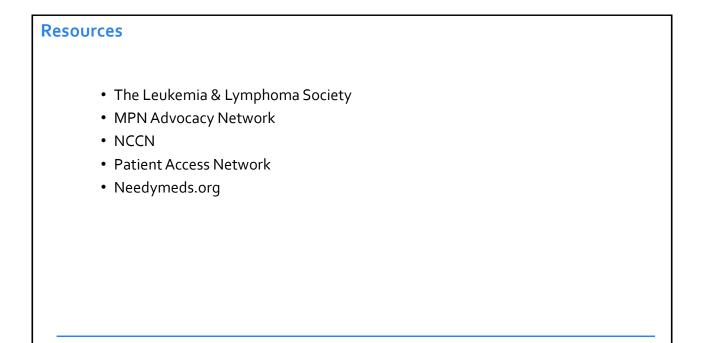




MPN Conclusions

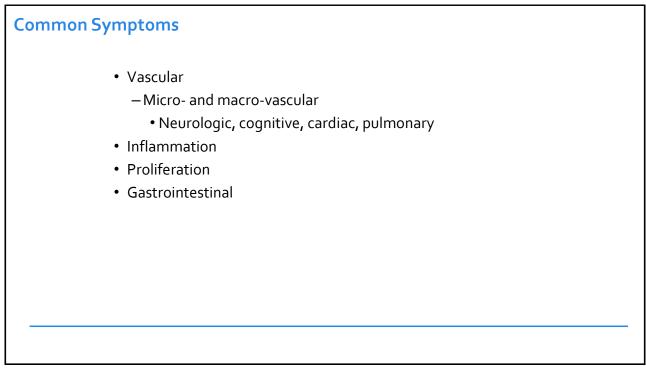
- MPNs are chronic and variably progressive hematopoietic diseases with shared biology, clinical features, and molecular basis
- Proper diagnosis is essential, given overlaps
- · Patient-reported symptom burden is crucial and quantifiable through treatment
- Treatment strategies can vary depending on the individual's risk status and management needs
- Thrombosis is a shared risk, and antiplatelet therapy a mainstay for a majority of patients
- Ruxolitinib (Jakafi®) represented a major paradigm shift and can significantly improve the outlook for many patients with MF or HU-resistant/intolerant PV, but it does not cure these diseases
- Interferon may offer significant benefit, but toxicity warrants careful patient selection and monitoring
- Novel therapies for MPNs are needed, and a number of strategies are in development:
 - Novel JAK pathway inhibitors: approval of fedratinib (Inrebic[®]), pacritinib(Vonjo[®]), and momelotinib (Ojjaara[®]) have broadened treatment options significantly, specifically addressing cytopenias
 - Antifibrotics
 - Telomerase inhibitors
 - Combination approaches (hypomethylating agents + JAK inhibitors in BP, numerous in early disease)

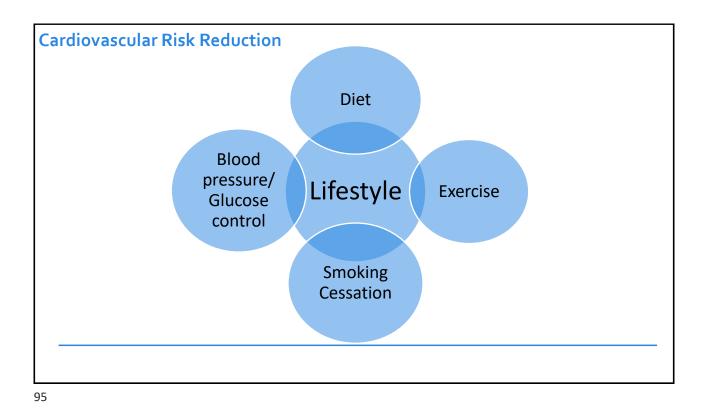
Vachhani P, et al. Ther Adv Hematol. 2024;15:20406207242229588; Mesa R, et al. BMC Cancer. 2016;16:167; NCCN. Myeloproliferative Neoplasms Version 2.2024. August 8, 2024. https://www.nccn.org/professionals/physician_gls/pdf/mpn.pdf.

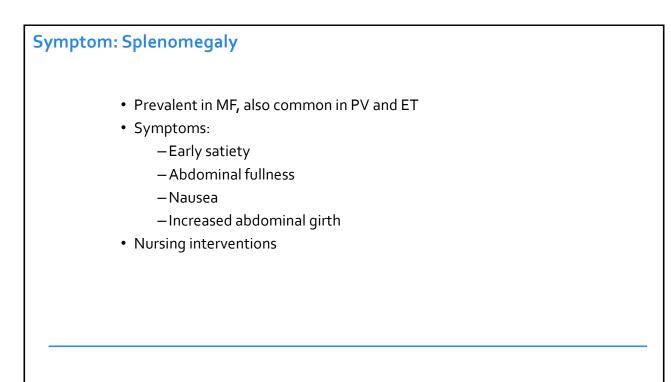


Treatment Goals

- Reduction in life-threatening disease sequelae
- Slow/reduce disease progression
- Improve QoL



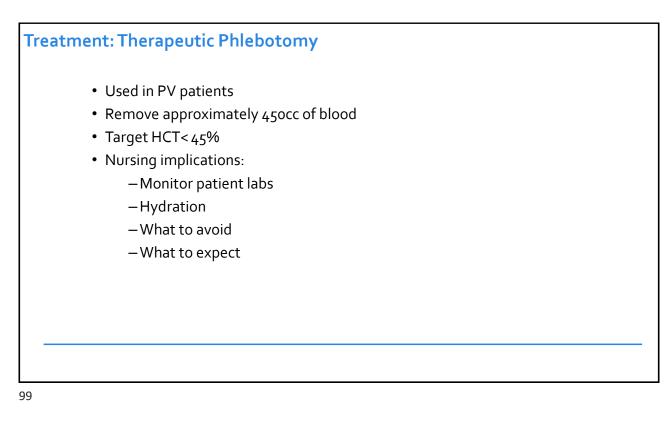


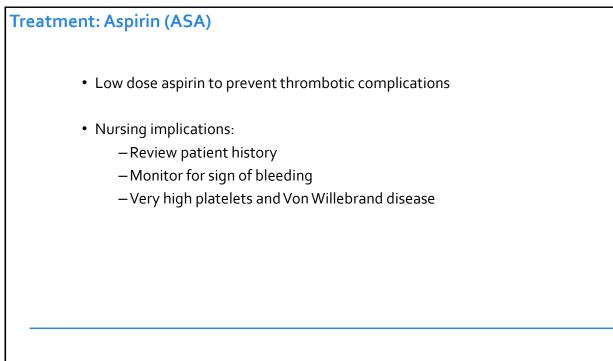


Symptom: Pruritus Most common in PV Related to increased number of mast cells Worse after showering Treatment

97

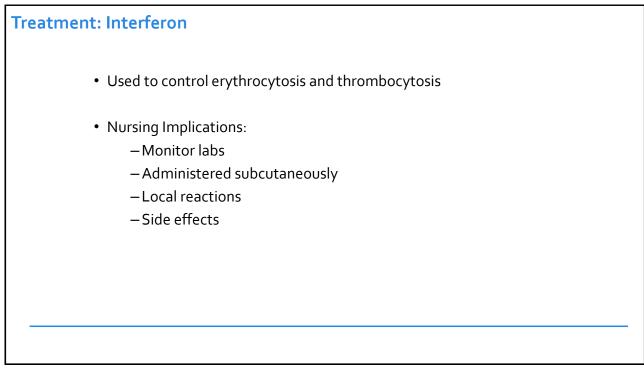
Constitutional Symptoms Associated with inflammation in bone marrow and throughout the body Common symptoms: Fatigue Night sweats Bone pain Low-grade fevers Weight loss





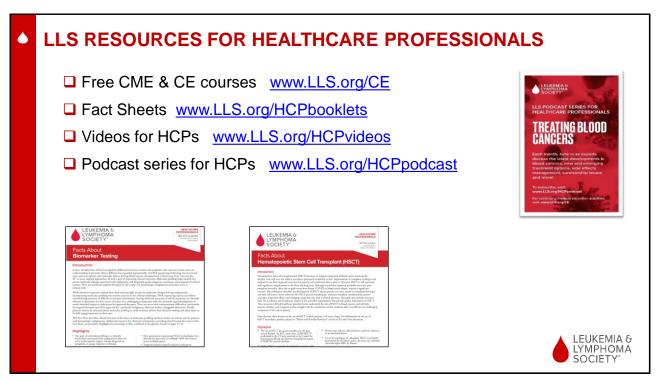
Treatment: HU

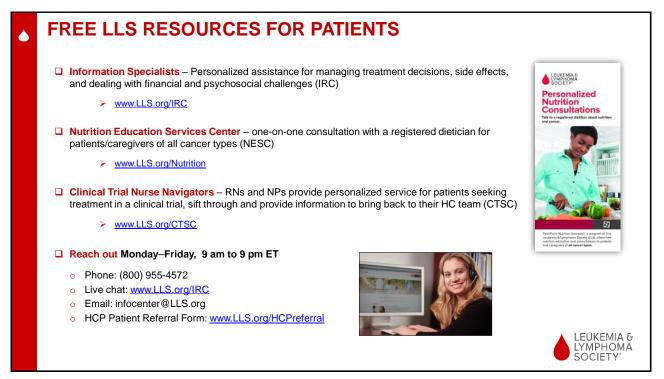
- Cytoreductive agent, reduce risk of thrombotic events by managing blood levels
- Nursing Implications:
 - -Monitor blood counts
 - -Immune suppression
 - Dermatologic changes



Conclusions

- Focus on symptom recognition and assessment
- Educate on lifestyle changes and strategies for cardiovascular risk reduction
- Collaborate with interdisciplinary team





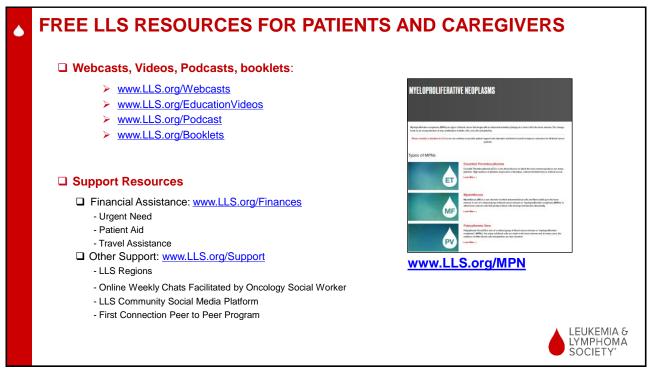
HERE TO HELP: LLS COMMITMENT

to providing education & resources to help patients access clinical trials

CLINICAL TRIAL SUPPORT CENTER

- A team of highly trained nurses and nurse practitioners experienced with hematological malignancies and clinical research.
- Provide education to patients about clinical trials, treatment options, and other disease specific information.
- Provide patients, families, and their caregivers with a professional, detailed, individualized search to discuss with their HCP.
- Provide guidance and serve as advocates throughout the clinical trial process. Help make connections between the patient and the trial site to facilitate enrollment as appropriate.
- Provide a personal connection and develop long term relationships to help better serve our patients.









THANK YOU

To speak with an Information Specialist or to refer a patient: call: 800.955.4572 email: Infocenter@LLS.org

For questions about this program, concerns, or assistance for people with disabilities or grievances, contact us at <u>Profeducation@LLS.org</u>

We have one goal: A world without blood cancers

